Youth Training Program

WITH YOUTH WE RISE

7-DAY PROGRAM

SCHEDULE & FLOW

20-27 JULY, 2026

9:00 AM - 2:30 PM

DAY 1

Monday | 20th July 2026

Orientation and Introduction

TIME	TOPIC	DEPARTMENT
9:00 AM - 9:40 AM	Welcome, Program Goals & Housekeeping	CRD International
9:40 AM - 9:45 AM	IHHN Documentary	-
9:45 AM - 9:55 AM	The Power of Philanthropy: A Journey of Purpose and Giving	Board of Directors
9:55 AM - 10:30 AM	Patient Story	Patient
10:30 AM - 11:00 AM	**TEA BREAK**	
11:00 AM - 11:30 AM	Beyond the Week: Introduction to the Pledges	CRD International
11:30 AM - 12:30 PM	The Indus Journey: Vision, Values & Impact	Senior Leadership
12:30 PM - 13:15 PM	Humans of Indus	Long-serving IHHN Team Members (Panel)
13:15 PM - 14:00 PM	Facility Tour	CRD International
14:00 PM - 14:30 PM	Social Media Diary	CRD International

DAY 2

Tuesday | 21st July 2026

Psychosocial Services | Nursing | Escape Room
Cardiology | Pediatric Cancer Event Planning

TIME	TOPIC	DEPARTMENT
9:00 AM - 10:30 AM	Patient Interaction and Ethical Guidelines	Psychosocial Services
10:30 AM - 11:15 AM	Introduction to Nursing	Nursing
11:15 AM - 11:40 AM	**TEA BREAK**	
11:40 AM - 1:10 PM	Escape Room	Clinical Operations
1:10 PM - 1:30 PM	Inside the Cath Lab	Cardiology
13:30 PM - 14:00 PM	Pediatric Event Preparations	CRD International
14:00 PM - 14:30 PM	Social Media Diary	CRD International

DAY 3

Wednesday | 22nd July 2026

General Surgery
Radiology | Pediatric Medicine

TIME	TOPIC	DEPARTMENT
9:00 AM - 9:45 AM	Surgery as a Career Choice: Compassion or Money	General Surgery
9:45 AM - 11:15 AM	Overview of Surgery Department	General Surgery
	Inside the Operating Room	
11:15 AM - 11:45 AM	**TEA BREAK**	
11:45 AM - 12:00 PM	Department Tour & Introduction to Radiology	Radiology
12:00 PM - 13:00 PM	Hands-on Imaging Modalities	
13:00 PM - 14:00 PM	Pediatric Care Up Close	Pediatric Medicine
14:00 PM - 14:30 PM	Social Media Diary	CRD International

DAY 4

Thursday | 23rd July 2026

Emergency Department | ECR
Pulmonology | CPR Training

TIME	TOPIC	DEPARTMENT
9:00 AM - 9:10 AM	ER Overview and Triage	Emergency Department
9:10 AM - 9:25 AM	ER Patient Flow	
9:25 AM - 10:00 AM	ER Patient and Patient Attendant Management	
10:00 AM - 11:30 AM	Emergency Care & Response Simulation	ECR
11:30 AM - 12:00 PM	**TEA BREAK**	
12:00 PM - 13:30 PM	Exploring Pulmonology	Pulmonology
13:30 PM - 15:00 PM	CPR Awareness Course	IRTC

DAY 5

Friday | 24th July 2026

Infectious Diseases | Physical Rehabilitation

TIME	TOPIC	DEPARTMENT
9:00 AM - 9:45 AM	Infectious Diseases 101 - What's Important and What's Cool?	Infectious Diseases
9:45 AM - 10:45 AM	Switch On: A Journey to Hearing	Physical Rehabilitation
10:45 AM - 12:15 PM	Restoring Mobility: Inside the Physical Rehab Workshop	Physical Rehabilitation
12:15 PM - 12:45 PM	**TEA BREAK**	

DAY 6

Saturday | 25th July 2026

Community Health Centre, Makli Visit

TIME	TOPIC	DEPARTMENT
8:00 AM - 8:10 AM	Primary Care Site Briefing	CHD Team
8:10 AM - 10:10 AM	**TRAVEL TO MAKLI**	
10:10 AM - 10:50 AM	Primary Care Program	CHD Team
10:50 AM - 11:10 AM	Guided Tour of the Facility	
11:10 AM - 12:00 PM	Staff Interaction and Case discussions	
12:00 PM - 12:30 PM	Interaction with the community and community leaders	
12:30 PM - 14:30 PM	**TRAVEL BACK TO KARACHI**	

DAY 7

Monday | 27th July 2026

EMS Training
Pediatric Oncology Event | Closing Ceremony

TIME	TOPIC	DEPARTMENT
9:00 AM - 10:00 AM	EMS Ambulance Training	Transport & Nursing
10:00 AM - 10:30 AM	**TEA BREAK**	
10:30 AM - 11:00 AM	Pediartic Event Preperations	
11:00 AM - 12:00 PM	Final walkthrough of Pediatric Oncology Event	Psychosocial Services
12:00 PM - 13:15 PM	Closing Ceremony	
13:15 PM - 14:15 PM	**Lunch with Facilitators and Senior Management**	