

Transforming **LIVES,** ONE STEP AT A TIME

A Year in Review of the International Chapters of
Indus Hospital & Health Network





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Who We Are

Friends of Indus Hospital (FOIH) is a registered charitable organization in the USA with a mission to create awareness about the healthcare needs of thousands of deserving patients and raise funds to support the provision of free quality healthcare for marginalized communities.

Through annual fundraising initiatives, community events, and awareness drives, we seek to mobilize a strong tradition of community giving and a shared commitment to changing the paradigm of healthcare delivery in underserved areas.

Changing the Paradigm of Healthcare Delivery

Indus Hospital & Health Network (IHHN) is our preferred implementing partner in Pakistan. We galvanize resources in order to provide essential medical equipment, assistive devices and transfer of valuable knowledge and skills.



Message from the President

Muhammad Hanif, MD
President

This year, our collective efforts have touched the lives of thousands of vulnerable individuals, providing them with life-saving treatments.

Dear Esteemed Supporters,

As we reflect on the year 2024, we do so with profound gratitude and pride in the remarkable milestones achieved by Friends of Indus Hospital USA. Through our collective efforts, we have touched the lives of countless individuals in Pakistan, providing critical healthcare services, hope, and a pathway to a brighter future.

Your unwavering support has turned our vision into reality, empowering the Indus Hospital & Health Network (IHHN) to deliver essential, free-of-cost healthcare of the highest quality.

On behalf of the Board of Directors and our entire team at Friends of Indus Hospital USA, I extend heartfelt thanks for making 2024 an extraordinary year. Together, we have accomplished so much, and we eagerly anticipate the opportunities that await us in 2025.

I am deeply moved by the steadfast dedication of our chapters and volunteers, whose tireless efforts have brought stories of healing, resilience, and renewed hope to life. Your generosity, compassion, and belief in our mission have been instrumental in our success. Whether through financial contributions, volunteerism, or advocacy within your communities, each of you has played an indispensable role in our journey.

Muhammad Hanif M.D

Governance

We take great pride in our Directors' commitment, drive, and passion towards our mission to ensure free healthcare provision for marginalized communities, who neither have access to healthcare nor the means to pay for it.

The FOIH community is led by a dedicated and reputable board of directors and members, each possessing extensive knowledge and a wealth of fundraising experience gained through their longstanding commitment to the cause.

Board Members



Muhammad Hanif, MD
President



Muhammad S. Umer, MD
Treasurer



Umar Burney, MD
Secretary



Iqbal Jangda, MD
Trustee



Zia Moiz, MD
Trustee



Nadeem Patel, MD
Trustee



Asad Irfanullah, MD
Trustee



M. Yaseen Abubaker, MD
Trustee



Mazhar Zubairi
Trustee



Adeel Siddiqui
Trustee

Overview

- Registered as a 501(c) (3) US-based Charity
- All Donations are eligible for Tax Benefits
- Audited by External Auditors
- Focus on Transparency and Governance
- Chapters in various regions and states of USA

Vision:

We envision a world where healthcare is freely accessible to all, regardless of any factors including financial barriers.

Mission:

We are dedicated to reshaping the healthcare landscape to heighten awareness and equip underserved communities with the resources and skills essential for constructing a future.

Implementing Partner

Indus Hospital & Health Network: Pioneering Change in Pakistan's Healthcare Crisis

Access to healthcare is a fundamental human right, yet in Pakistan, it remains an unattainable dream for millions. The country, despite being the fifth most populous in the world, faces a deeply entrenched healthcare crisis. A fragile infrastructure, limited resources, and systemic inequities leave countless individuals unable to afford or access the care they desperately need. In a reality where quality healthcare is often a privilege reserved for the wealthy, many are forced to make impossible choices between survival and financial ruin.

Indus Hospital & Health Network (IHHN) was born out of a vision to address this dire need and transform the landscape of healthcare in Pakistan. What began in 2007 as a single 150-bed hospital in Karachi's urban slum of Korangi has grown into a beacon of hope for millions. Today, IHHN stands as one of Pakistan's largest and most impactful healthcare networks, embodying the ethos of compassion, excellence, and inclusivity.



12 Multidisciplinary Hospitals



3 Physical Rehabilitation Centers



4 Regional Blood Centers

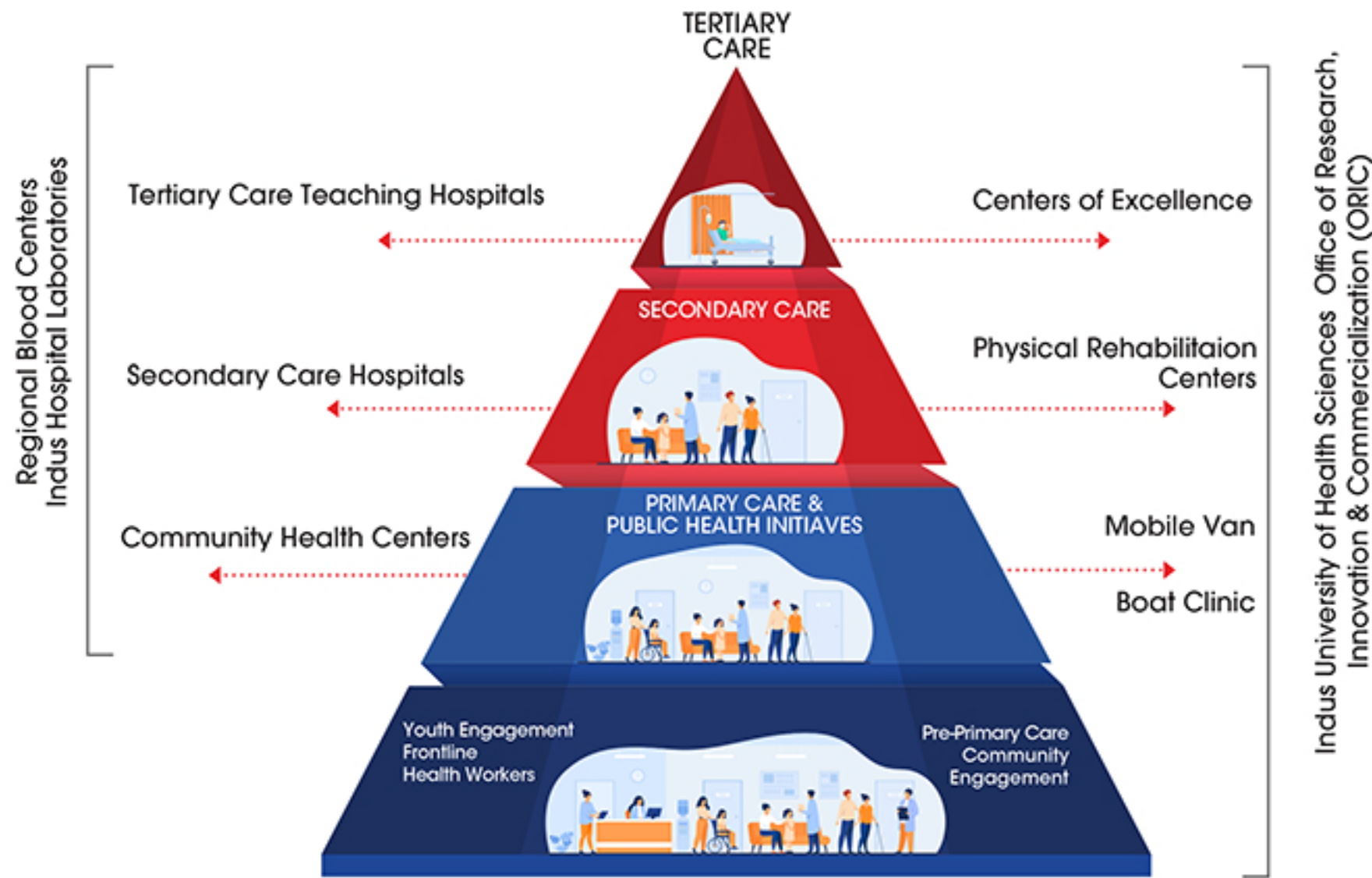


100+ Primary Care Sites



Multiple Public Health Initiatives

Over the past 17 years, IHHN has expanded into a comprehensive network of tertiary and secondary care hospitals, physical rehabilitation centers, regional blood centers, container-based community health units, and public health programs that span the country. It remains Pakistan's first paperless and cashless healthcare system, ensuring no barriers exist between patients and the care they need.



Every year, IHHN touches the lives of over 6 million patients, offering free-of-cost treatment across disciplines and ensuring that no one is turned away. This unprecedented growth has been powered by a global community of supporters and driven by an unwavering commitment to providing world-class care, regardless of financial status. At its core, IHHN continues to prioritize patients—placing their well-being above all else.


6M


70% Patients are Zakat Eligible


1,600+ Beds Served





As the network continues to grow, it remains steadfast in its mission: transforming lives, one patient at a time, and ensuring healthcare is no longer a privilege but a right for every individual in need.



Key Achievements of 2024

Advancing Healthcare,
Transforming Lives

2024 has been a year of remarkable progress for Indus Hospital & Health Network (IHHN). Driven by IHHN's vision of accessible, high-quality healthcare for all, IHHN achieved several key milestones that underscore the commitment to transforming lives and addressing critical healthcare needs in Pakistan.



IHHN's Pehla Qadam Clubfoot Program has become the largest initiative of its kind in Pakistan, now available across all IHHN hospitals. The program also provides Ponseti training to surgeons from other centers.



The **HIV Center** at Indus has grown to become the second-largest **ARTC Center** in Sindh Province, with over **3,000 patients** registered for HIV management to date.



Indus Kay Sitaray (IKS), IHHN's hospital school, celebrated its **10th Graduation Ceremony**, marking the **5th anniversary** of the institution.



IHHN, in collaboration with **UNFPA**, hosted a significant event focused on **gender-based issues**, showcasing impactful activities across **Sindh and Punjab**, benefiting over **509,312 women and girls**.



Indus Hospital, Korangi Campus successfully obtained the **Cardiac Catheterization Laboratory Licence** from the Sindh Healthcare Commission.



IHHN was recognized as **ICAP's first non-profit training organization**.



Indus Hospital - QF, NST & SMP Campus, Jubilee Town, Lahore, launched a specialized clinic for **clubfoot patients**.



IHHN became Pakistan's second hospital-based laboratory to achieve **College of American Pathologists (CAP) accreditation**.



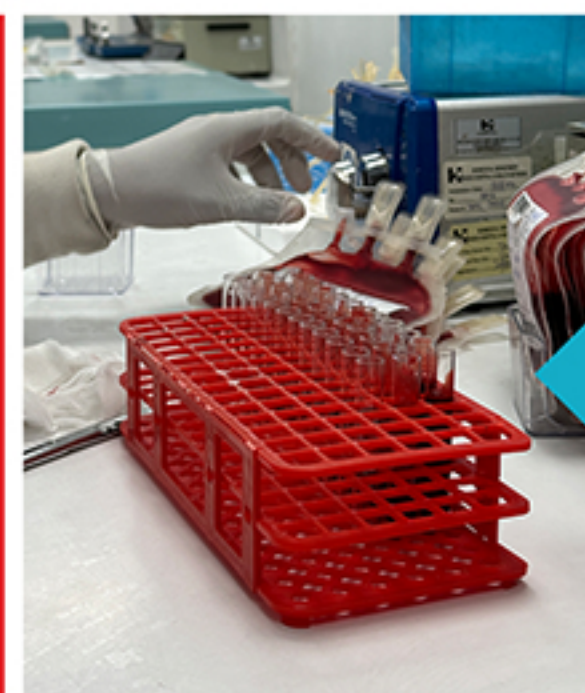
135 children celebrated "**Clubfoot Se Jeet ka Jashan**" to mark the successful completion of the four-year treatment through IHHN's Pehla Qadam Program.



The clinical laboratories of **MIKD and RTEH** earned **ISO-15189 accreditation** for excellence in medical testing.



This year, **Recep Tayyip Erdogan Hospital** celebrated its **10th anniversary** within the IHHN network, marking a decade of excellence in Punjab.



The **Indus Hospital Blood Center** became the first in South Asia to receive **AABB accreditation**.



17 Years Legacy Impact at a Glance

Specialized Care



14,000+

Children treated for
Cancer and Blood
Diseases



28,000+

Orthotic and
Prosthetic Devices
Implanted



250+

Patients provided
Cochlear Implant
Devices



800+

Children completed
4-year treatment for
Clubfoot

Prevalent Illnesses



310,000+

Patients Screened for
Hepatitis C Virus



29,000+

Patients Enrolled for
Diabetes Management



3000

Patients registered
for HIV Management



130,000+

Patients Screened
for Malaria

Education & Research



2,800+

IUHS Students
Graduated



300+

Postgraduate
Residents Trained



800+

Research Publications in
Local & International
Journals

All Statistics as of inception to June 2024

1.4 million

individuals engaged in
CECs since 2018

25,012+

patients registered for
treatment at 3 Rehab Centers

Program Highlights

Impact at a Glance 2023-2024



2,100,000
Outpatient Visits



120,000
Inpatient Served



66,000
Surgeries Conducted



14,000
Safe Deliveries



3,900,000+
Investigation
Diagnostic tests



666,000
Emergency Visits

**Statistics include all hospitals, owned and managed*



Primary Care Program

Transforming Community Healthcare

Established in 2017, IHHN's Primary Care Program (PCP) seeks to address Pakistan's pressing healthcare challenges by delivering preventive care and promoting health education. This pioneering initiative empowers individuals to adopt healthier lifestyles, enhances health-seeking behavior, and fosters a culture of preventive healthcare across underserved communities.



Our Approach

At the heart of PCP lies a patient-centered approach designed to provide accessible and affordable healthcare for all. By integrating preventive, curative, and educational interventions, the program not only addresses immediate health concerns but also equips communities with the tools and knowledge to maintain long-term well-being.

Community Engagement

Connect, empower & develop communities around the primary care facilities

Public health

Integration of Global Health Programs based on community need

Family medicine

Provide holistic, accessible, evidence based care to patients of all ages

Acute care

Structured triage to identify disease acuity, stabilize and manage



Scope of Services:

Programs Under the Primary Care



Community
Engagement Center



ClubFoot



Diabetes
Management



Family Medicine



HIV/ AIDS Clinic



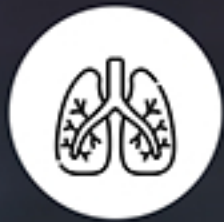
Hepatitis C



Infant Safe
Circumcision



Infection Prevention
and Control



Lung Health



Mobile Health Unit/
Health on Wheels



Midwifery



Maternal and
Neonatal health



Malaria



Mental Health



Nursing



Nutrition



Pharmacy



Primary Care



SRH-GBV



Telehealth



Tuberculosis



Our Partners

With the generous support of our partners and collaborators, IHHN is building a resilient healthcare system in Pakistan, one that is capable of effectively addressing both current and future health challenges.



Transforming Lives

The Impact Since Inception



11,527,830+
Family Medicine patients served



331,825
patients screened for HCV



1,474,974
people engaged through Community Engagement Centers



153,133+
patients screened for Malaria



1,319,722
people Immunized



100,000+
patients served through Telehealth Program



631,086
individuals screened for Mental Health



33,567
patients enrolled for Diabetes Management

*Data till October 2024

Impact at a Glance

2024



1,302,310+
family medicine patients
benefited



377,634
individuals engaged
in CECs



27,642
antenatal care
beneficiaries



13,530+
beneficiaries treated to
improve their nutritional status



215,381
patients visited healthcare
sites under the TB program



155,865
patients screened for
Mental Health



6,724
children treated for
preventable mortality



4,539
patients treated for
Mental Health issues



127,864
beneficiaries enrolled & treated
in 4 health facilities in Balochistan
in mobile units



88,813
patients served through
Telehealth Program



3,858
patients visited
HIV center



2,590+
patients treated
for TB



49,957
children & women
immunized



48,030+
people screened for early
detection of Hepatitis C



2,046
postnatal care visits



1,333
patients registered for
Hepatitis C treatment



38,975
children screened
for malnutrition



33,121
health sessions
conducted in CECs



644
safe deliveries conducted under
Maternal & Neonatal Program



998
patients completed
Hepatitis C treatment



31,988
patients educated for
Family Planning by midwives



29,601
women received family
planning counseling



227
successful deliveries conducted
within mobile units



110+
patients registered for
HIV treatment

Empowering Communities Through Preventive Care

PCP's core philosophy extends beyond treating illnesses—it aims to build healthier communities by focusing on prevention and early detection. Through a network of outreach initiatives and health education programs, IHHN ensures that underserved populations gain access to essential health services and life-saving knowledge.



Your Support, Their Health

With your continued support, IHHN's Primary Care Program is creating lasting impact in the lives of countless individuals. Together, we can strengthen preventive healthcare and build healthier, empowered communities.



Childhood Cancer Program



The Crisis

Childhood cancer remains a significant challenge in Pakistan, with 10,000–12,000 new cases estimated annually. Many children face delayed diagnosis and limited access to treatment due to socioeconomic constraints and inadequate healthcare infrastructure. For countless families, the financial burden of care is insurmountable, turning a treatable condition into a tragic reality.



IHHN's Comprehensive Care Model

At the forefront of this fight is IHHN's Department of Pediatric Hematology/Oncology (PHO). As one of Pakistan's largest Pediatric oncology units, the 85-bed facility provides free-of-cost, holistic care. Each year, 1,100–1,200 new cases are registered from across Pakistan and neighboring regions. To meet the increasing demand, IHHN has adopted innovative approaches:

- Expanding outreach programs and shared-care systems
- Strengthening public-private partnerships to extend services in underserved areas like interior Sindh



GOALS

- Increase the cancer survival rate in Pakistan to 70% by 2030
- Decrease infection rate and preventable causes of mortality in childhood cancer patients
- Expand Psychosocial Services in IHHN Campuses across Pakistan
- Create awareness in the general public to improve early diagnosis and decrease treatment abandonment
- Establish outreach units across Pakistan and increase access to specialized care in remote areas

Scope of Services

The Childhood Cancer Program offers more than just treatment—it embodies a holistic care model, including:



Clinical Care

Delivering cutting-edge medical treatment for complex conditions.



Psychosocial Support

Providing emotional and mental health care for young patients and their families.



Rehabilitative Services

Ensuring recovery through integrated physical and emotional support.

Impact Till Date:

14,000+

Children with cancer treated

350

Tele-clinic consultations connecting outreach centers with experienced faculty

1,100 - 1,200

Children with Cancer Registered for Cancer Annually

Education Amidst Healing

Indus Kay Sitary

Cancer care often disrupts a child's education, leading to emotional and academic setbacks. To address this, IHHN established Indus Kay Sitary, a dedicated school for children undergoing treatment.

250+ graduates

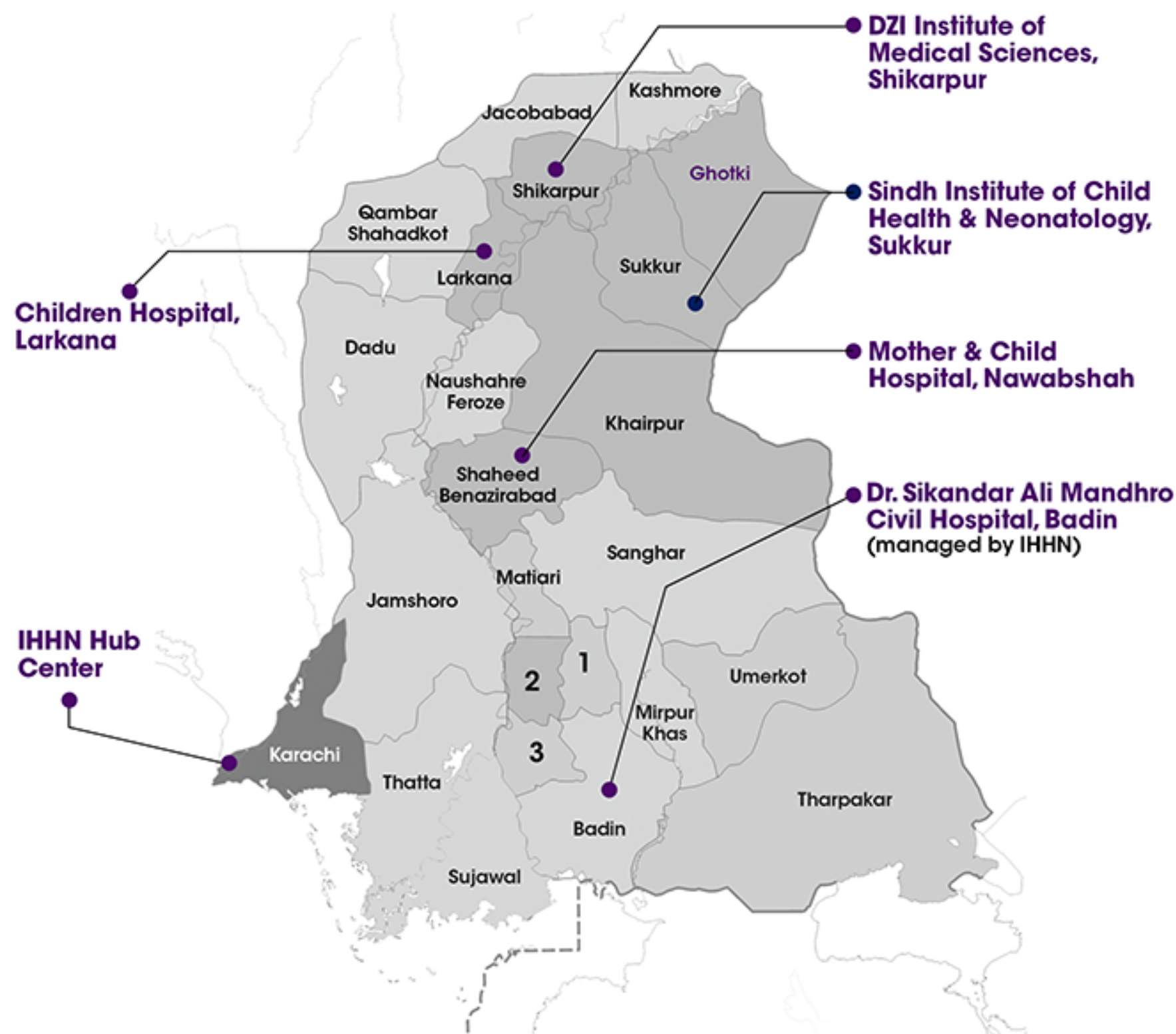
have experienced the joy of learning, forming friendships, and dreaming beyond their circumstances.



Reaching Underserved Communities

Through My Child Matters (MCM), an award-winning program funded by the Sanofi Espoir Foundation, IHHN has extended its reach to underserved regions. In 2023, the program received its largest grant to establish shared care partnerships with public-sector hospitals in Sindh, bringing essential cancer care closer to patients' homes.

Prospective Map of IHHN Pediatric Oncology Outreach Network in Sindh



Global Leadership in Cancer Care

Collaborating with prestigious institutions like St. Jude Children's Research Hospital, IHHN is a key player in global and national efforts to combat childhood cancer. From research initiatives to implementing national protocols, IHHN actively contributes to improving treatment standards.



Impact at a Glance 2024

27,612
outpatient visits

10,966
pediatric oncology consultations

4,758
procedures conducted including chemotherapy and bone marrow biopsies

2,994
inpatient admissions

70 wishes fulfilled
for young patients

30 children graduated
from the hospital-based school

90 patients provided
with free housing accommodations

1,600+ children
served through the Eid Bazaar

Join Us

in the Fight Against
Childhood Cancer



Every child deserves the chance to live a healthy, fulfilled life. With your support, IHHN is providing life-saving care, hope, and brighter futures for children battling cancer. Together, we can change lives.

Physical Rehabilitation Program



The Crisis

In Pakistan

6.2%

of the population lives with some form of disability (UNDP, 2022), significantly affecting their independence and quality of life. Limited access to rehabilitative care and mobility aids often confines individuals to lives of dependence, creating barriers to education, employment, and social inclusion.

IHHN's Holistic Approach to Rehabilitation

To address this pressing need, IHHN established its first state-of-the-art Physical Rehabilitation Center in Karachi in 2015, in collaboration with the Red Cross and Chal Foundation. Following its success, IHHN expanded to Muzaffargarh and Badin, creating one-stop centers offering comprehensive, free multidisciplinary rehabilitation services under one roof.

Goals

- Enable patients to enhance their daily living skills
- Transform the differently-abled into self-reliant & contributing members of society
- Elevate quality of life for physically disadvantaged individuals

Scope of Services

IHHN's Physical Rehabilitation Program provides advanced care across multiple disciplines, ensuring patients regain mobility, independence, and confidence.

Physical Therapy

Delivered through specialized clinics, including Pulmonary Rehabilitation, Neurological Rehabilitation, and Amputee Rehabilitation. Services include Functional Electrical Stimulation (FES)—the only free program of its kind in Pakistan—offering hope to patients with neurological impairments.

Prosthetics and Orthotics

Expertise in designing, fabricating, and fitting prostheses (artificial limbs) and orthoses (orthopedic braces) tailored to individual needs.

Assistive Devices

Mobility aids such as wheelchairs, walkers, and elbow crutches are provided free of charge, removing barriers for patients to reclaim independence.

Speech and Audiology Services

From speech therapy to audiological assessments, IHHN delivers personalized care for speech, language, and swallowing difficulties. Flagship projects include the Cochlear Implant Program, transforming the lives of individuals with profound hearing loss.

Care Beyond Treatment

Recognizing the diverse needs of patients, IHHN extends its care beyond clinical treatments:

- Free transport services for patients.
- Comprehensive psychosocial support for patients and families.
- Health education to empower caregivers and patients to actively manage their health.

Education and Empowerment

IHHN is committed to enhancing patients' daily living skills and transforming them into self-reliant members of society. From physical recovery to emotional resilience, the program prioritizes the holistic well-being of its patients.

Impact at a Glance

2024



27,634
physical therapy sessions
conducted in OPD



7,580
physical therapy sessions
conducted in IPD



3,950
cochlear implant
sessions conducted



3,864
prosthetic and orthotic
devices provided



3,600
audiology services
delivered



2,919
patients registered
for treatment



1,850
speech therapy
sessions provided



5,970+
People are on the
waiting list

Join us in Rebuilding Lives

With your support, IHHN is transforming the lives of thousands of individuals with disabilities, empowering them to overcome challenges and embrace a life of independence and dignity. Together, we can create a society where everyone thrives.

Maternal and Neonatal Care



Addressing the Crisis

Maternal and neonatal health in Pakistan faces critical challenges, with alarmingly high maternal and infant mortality rates underscoring deep-rooted systemic issues. Pakistan ranks among South Asia's highest in maternal and neonatal mortality, reflecting the urgent need for comprehensive healthcare interventions that address both medical and social determinants of health.

IHHN's Intervention

In response to these challenges, the Maternal, Neonatal, and Child Health (MNCH) Program by Indus Hospital & Health Network (IHHN) exemplifies a transformative approach to improving maternal and neonatal health across Pakistan. The program provides entirely free, high-quality healthcare services, ensuring access for impoverished and marginalized communities in rural and underserved urban areas.

With a mission rooted in compassion and care, the MNCH Program goes beyond clinical interventions, addressing societal inequities and empowering women to take control of their health.

MNCH Services Country Wide Footprint

Karachi

- Sheikh Saeed Memorial Campus

Lahore

- The Indus Hospital, QF & NST Campus

Badin

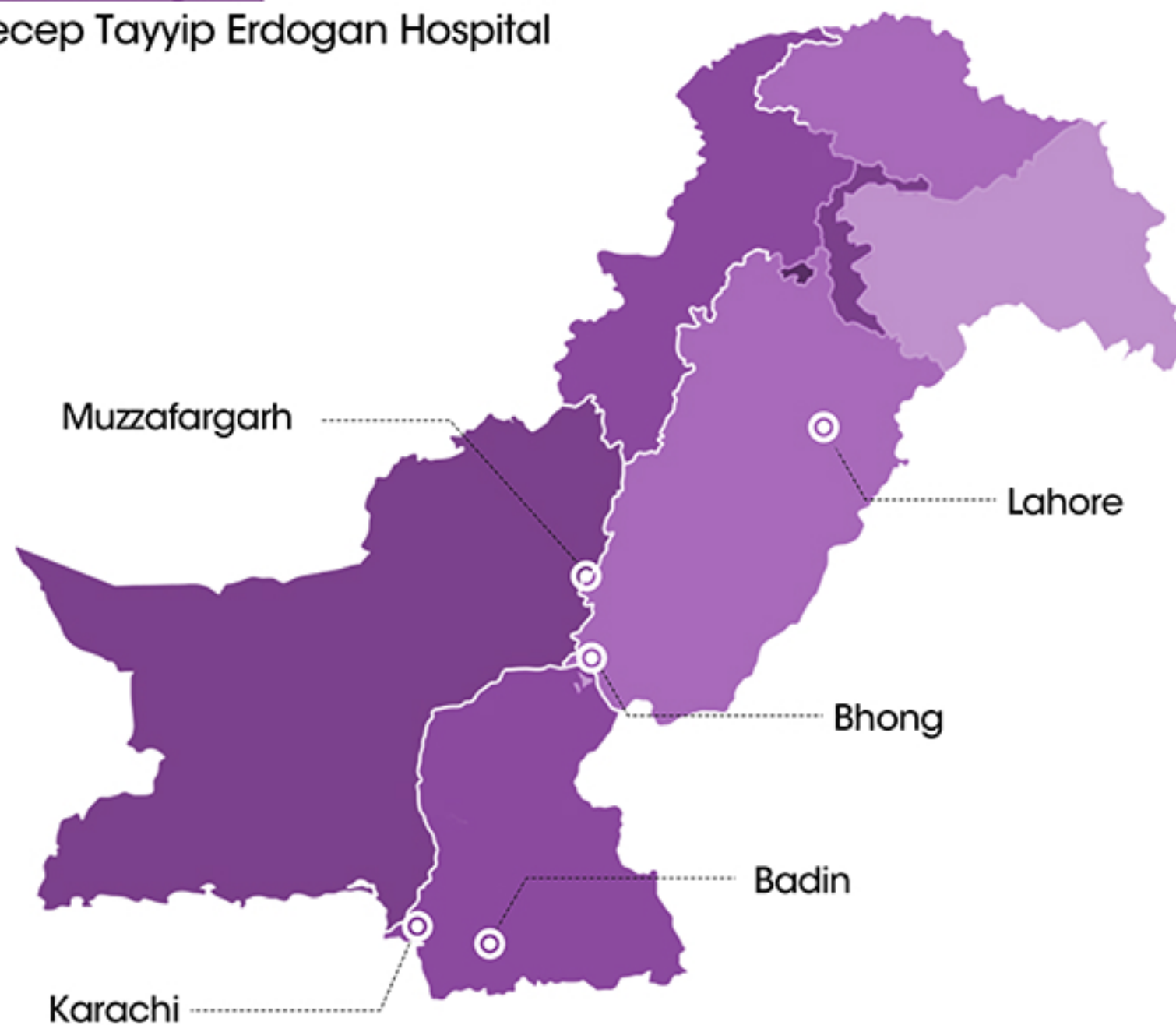
- District Headquarter Hospital

Bhong

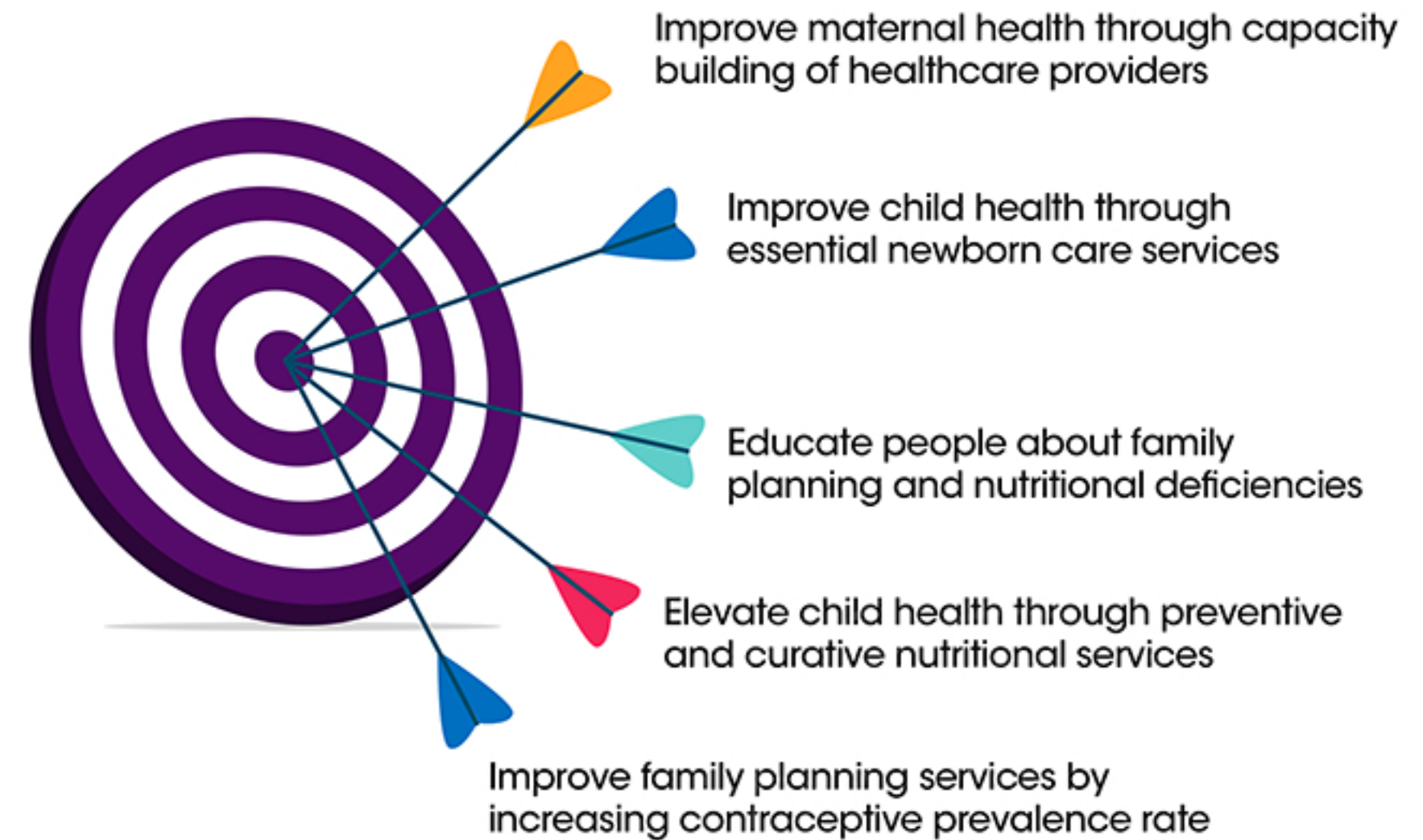
- Al-Ghazi Trust Campus

Muzaffargarh

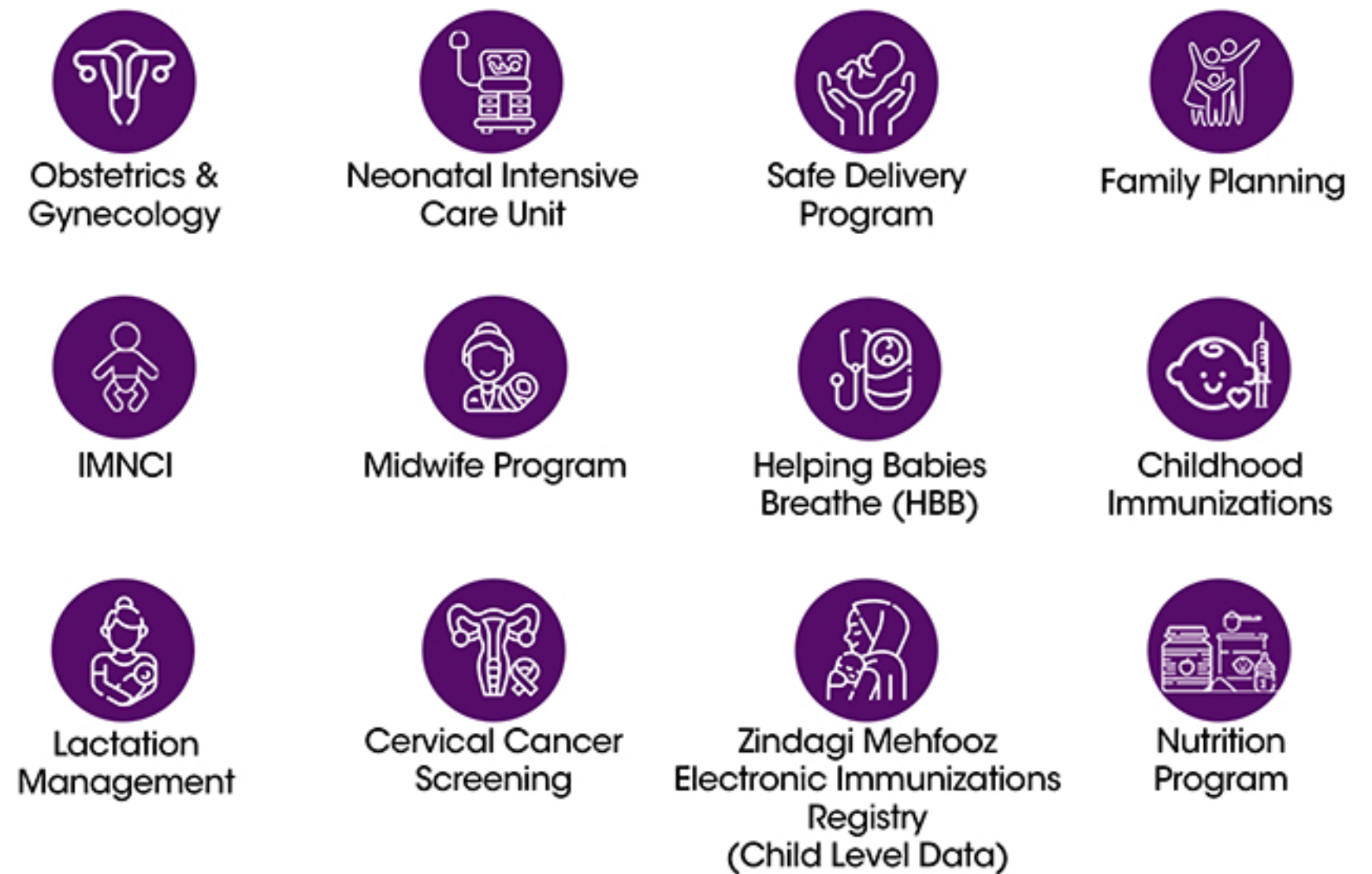
- Recep Tayyip Erdogan Hospital



Goals



Scope of Services



Impact at a Glance 2024



71,564

neonatal admissions



67,415

OP visits in SSMC



21,387

Total Admissions



14,416

safe births conducted



9,577

ambulatory day care
visits in SSMC



3,271

deliveries in SSMC



Bridging the Gap in Pakistan's Healthcare Workforce



To address the critical shortage of skilled healthcare professionals, IHHN founded the Indus University of Health Sciences (IUHS). This initiative is dedicated to training empathetic and qualified healthcare providers, integral to improving maternal and neonatal care in Pakistan.

As part of this vision, the Indus College of Nursing & Midwifery is projected to graduate 200 nursing and midwifery professionals annually, bolstering Pakistan's healthcare workforce. IUHS offers accredited undergraduate, diploma, and certification programs, fostering a new generation of healthcare professionals committed to excellence and service.

Highlight: Projected 200 Nursing & Midwifery Graduates annually.

Maternal & Neonatal Care Through Primary Healthcare

IHHN's MNCH Program leverages its extensive Family Medicine services and Community Midwives network to deliver skilled care at the grassroots level. Using innovative solutions such as mobile medical vans, container clinics, and community outreach programs, IHHN ensures maternal and neonatal health services are accessible to remote populations.

Impact at a Glance 2024



49,957
children & women
immunized



38,975
children screened
for malnutrition



29,601
women received family
planning counseling



3,040+
children dewormed
to improve immunity



22,586
women counseled
on breastfeeding
techniques



13,530+
beneficiaries treated
to improve their
nutritional status



6,724
children treated for
preventable mortality



644
safe deliveries



960+
clients received
contraceptive
injections to
control birth



903
women & children
screened for
iron deficiency

NourishMom Nutrition Program

To support maternal health, IHHN introduced the NourishMom Nutrition Program, which provides vital medical and nutritional support to new mothers during and after pregnancy. The initiative supplies monthly ration bags for 12 months—6 months during pregnancy and 6 months postpartum—to promote breastfeeding and prevent infant malnutrition.

Addressing maternal and infant malnutrition in Pakistan requires sustained efforts. IHHN remains committed to improving nutritional outcomes for mothers and children and invites partners to join this crucial mission.



Join us in Strengthening Communities

With your support, IHHN's Primary Care Program is improving lives across Pakistan by promoting preventive care, managing chronic diseases, and educating communities about better health practices. Together, we can build a healthier, more resilient society where everyone has access to the care they deserve.

Blood Center



Only 10% of blood donors are voluntary; 90% are for family or paid



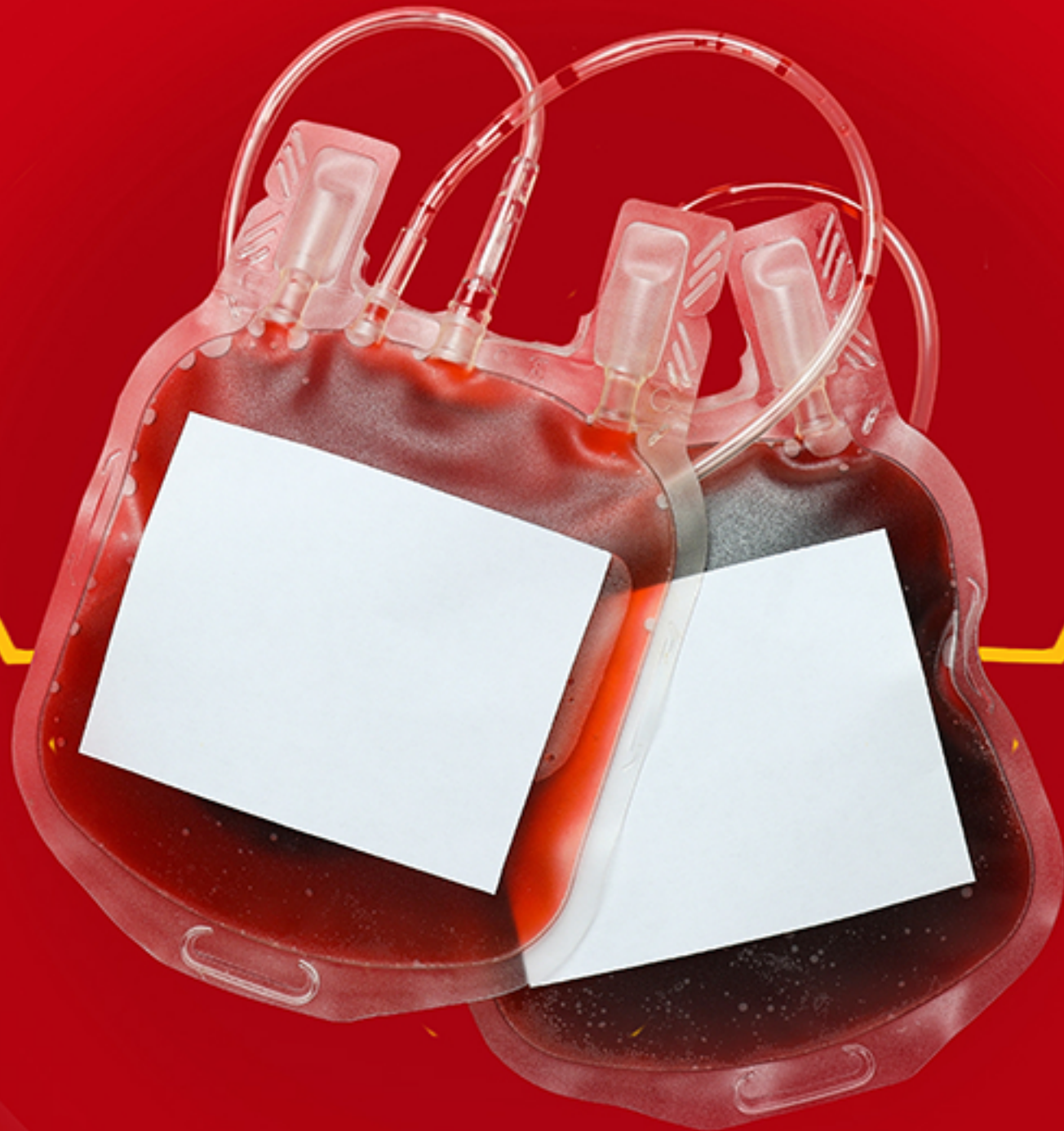
5% of blood donors have TTIs; common ones are HCV, HBV syphilis, HIV



Annual demand of 1.5 million bags, but a blood donation ratio of <1%



52% of pregnancy and 20% of road deaths due to bleeding; rapid blood helps



Nationwide Operations

Through impactful public-private partnerships, IHHN has been entrusted with the management of three Regional Blood Centers (RBCs) in Bahawalpur, Multan, and Jamshoro, along with several Hospital Blood Banks (HBBs) in Punjab and Sindh. These facilities ensure the availability of safe blood and blood components to meet the needs of patients across the country.



04
Regional Blood Centers



21
Hospital Blood Banks (HBB) Connected



7,800+
Beds Served Across Sindh and Punjab



3,000,000
Blood Unit Annual Capacity at TIHBC

Setting New Benchmarks in Blood Safety

TIHBC's Korangi campus in Karachi has set a national and regional precedent by achieving the prestigious AABB accreditation, the gold standard in blood banking. This makes it the first and only blood center in Pakistan and the SAARC region to meet such exemplary standards.

Further demonstrating its commitment to excellence, IHHN's lab services hold CAP (College of American Pathologists) accreditation, marking it as one of only two hospital-based labs in Pakistan to achieve this recognition. Additionally, the Blood Centre has earned ISO 15189 accreditation, which was later extended to RBC Jamshoro and public sector HBBs in Hyderabad, Thatta, and Badin. These milestones underscore IHHN's role as a national leader in blood safety and healthcare quality.



Impact at a Glance

2014-2024

3.2 Million

blood component
units transfused to
patients

1.2 Million

blood collections
in the BTS network

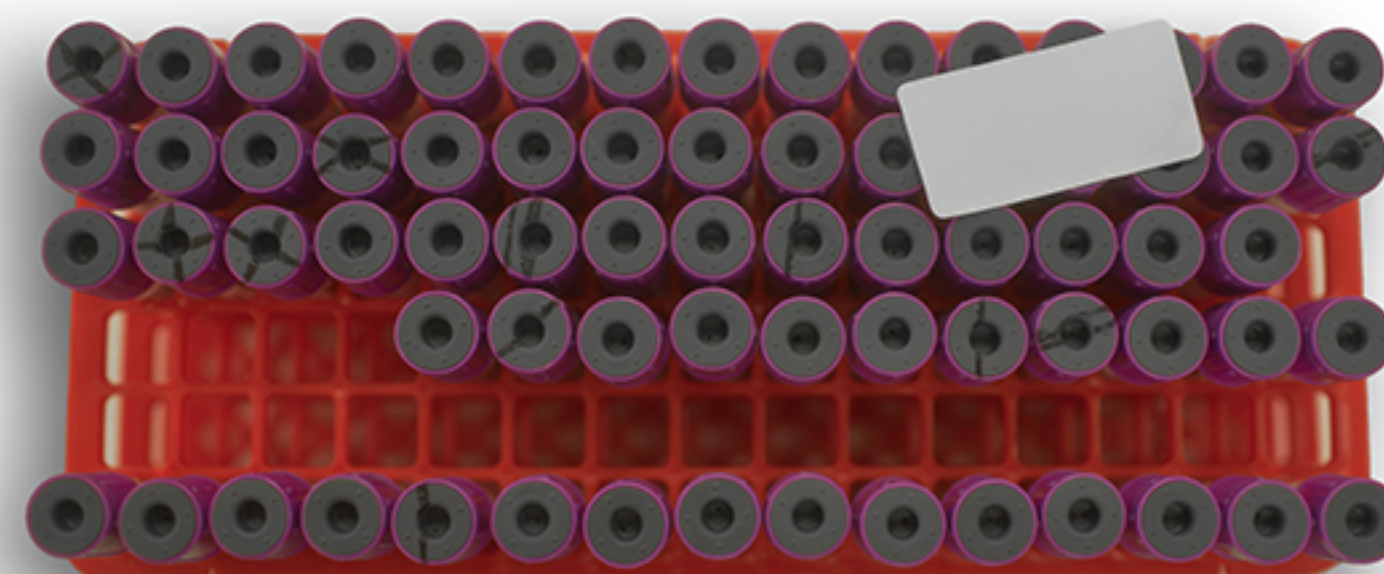
83%

voluntary blood
collections received
in 2024



Join us in Saving Lives

Your contribution can help IHHN continue its mission of ensuring every patient has access to safe and high-quality blood when they need it most. Together, we can pave the way toward a healthier Pakistan by supporting voluntary blood donations and enhancing blood safety standards.



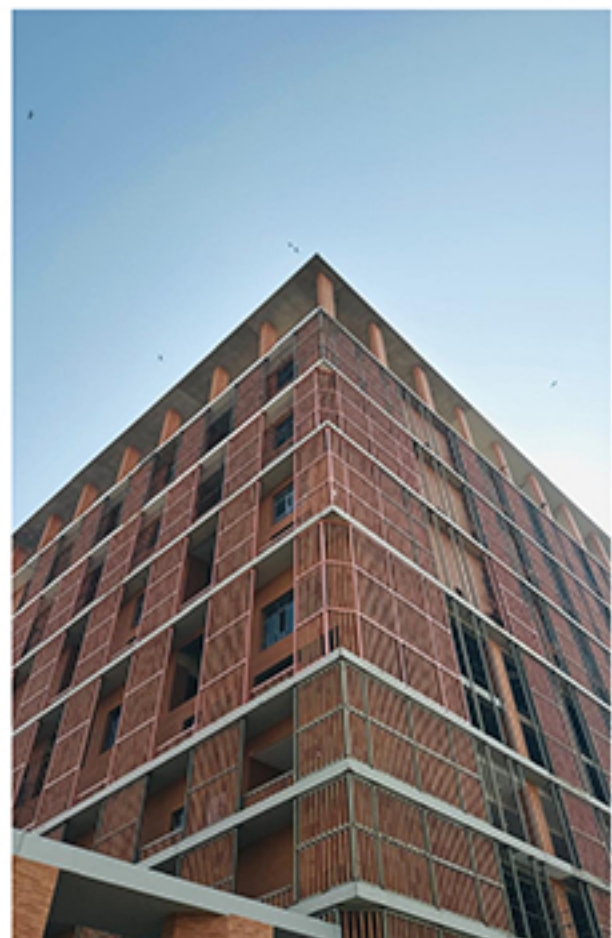
The Future of Healthcare: **IHHN's Groundbreaking Expansion**

In response to the overwhelming demand for high-quality, free-of-cost healthcare, IHHN is embarking on a monumental journey to expand its services and infrastructure. This year marks a pivotal moment in our commitment to transforming healthcare delivery across Pakistan. With the development of state-of-the-art, multidisciplinary tertiary care hospitals in Karachi and Lahore, IHHN is shaping the future of healthcare with compassion, excellence, and innovation.



Korangi Expansion Project: A Vision to Revolutionize Healthcare

The Indus Hospital Korangi Campus stands as a symbol of resilience, growth, and unwavering commitment to providing life-saving services to the underprivileged. Since its humble beginnings in 2007 as a 150-bed hospital, it has evolved into a 300-bed tertiary care facility. Over the years, it has witnessed a staggering 40% increase in patient volumes, with individuals traveling from across Pakistan and neighboring countries for treatment.



As the demand for healthcare continues to soar, IHHN is expanding the Korangi Campus to accommodate the ever-growing needs of our communities. The Korangi Expansion Project is set to transform the landscape of healthcare in Pakistan. Upon completion, this facility will become the largest free-of-cost hospital in the private sector, offering unparalleled services to millions.

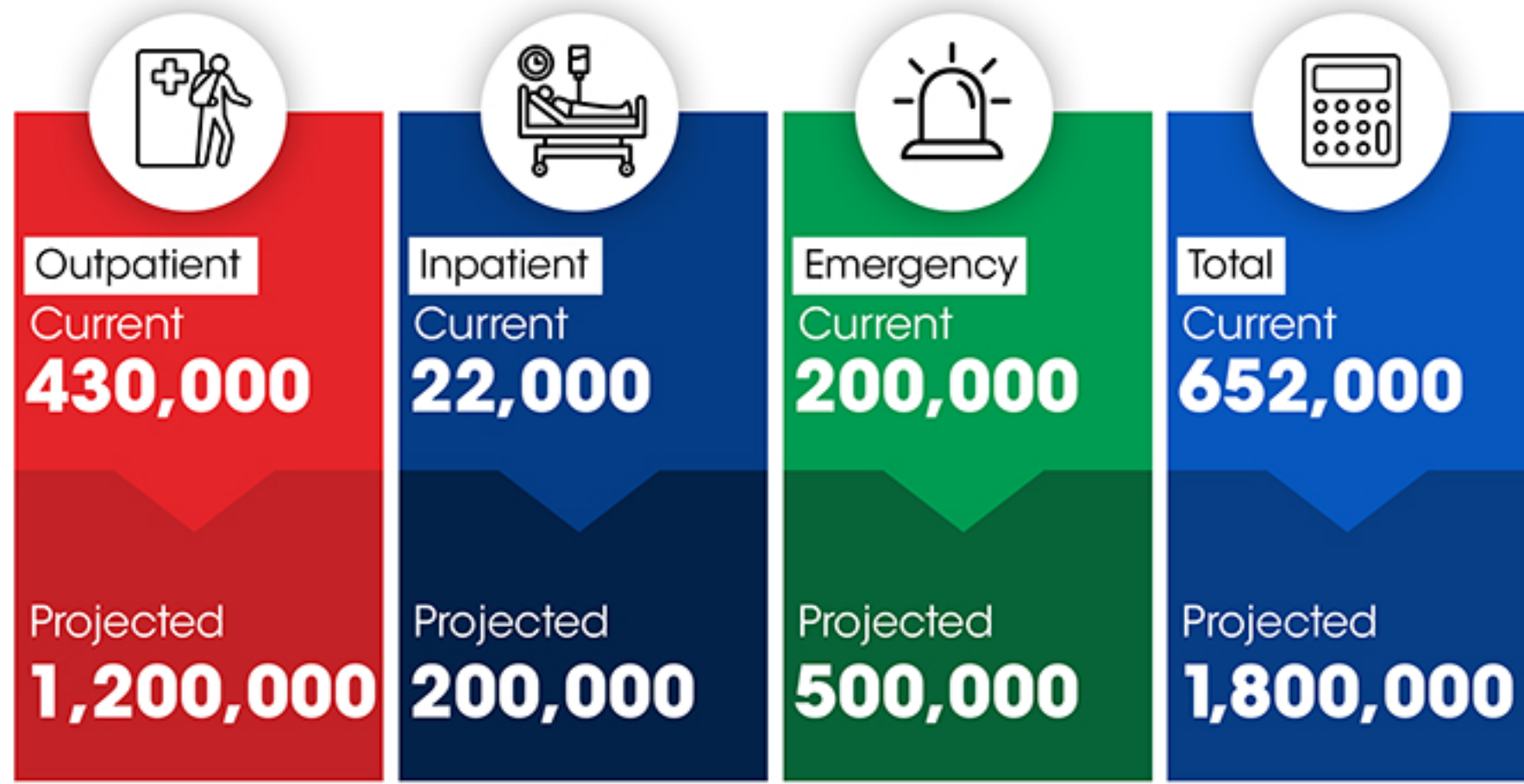


A New Era in Healthcare: The New Hospital Building

Phase 1 of the **New Hospital Building** is set to be completed in 2025. By 2027, the NHB will be fully operational, with the capacity to treat **1.8 million patients annually**. The new building will introduce groundbreaking services and specialties, including Adult Oncology, Neurology, Psychiatry, Cardiothoracic Surgery, Dental Services, Neurosurgery, Transplant Services, and Vascular Services—catering to the most complex and critical healthcare needs.

Salient Features of New Hospital Building include:

1,350+ Bed Multidisciplinary Teaching Hospitals	PKR 49.8B Capital Project	20 Acres Covered Area
100% Free Quality Healthcare Provided	100% Paperless Facility	



276% Increase of Patient Volume

A Beacon of Hope: Indus University of Health Sciences

The Korangi expansion will also house the **Indus University of Health Sciences (IUHS)**, a transformative institution that has already graduated more than 2,800 healthcare professionals. The expansion will enable IUHS to scale its programs with additional colleges, ensuring a robust pipeline of skilled healthcare providers for the future.



A Commitment to Excellence and Access

IHHN's expansion is not just about physical infrastructure; it is a profound commitment to improving lives, delivering compassionate care, and meeting the healthcare needs of a nation. The Korangi Expansion Project will elevate our capacity, expertise, and reach, ensuring that the people of Pakistan, regardless of their socio-economic status, have access to world-class healthcare.

Together, with your support, we will continue to provide hope, healing, and a brighter future for millions of people in need.



Utilization of Grants for IHHN's New Hospital Building

The generous grants disbursed by Friends of Indus Hospital have played a crucial role in the construction and operational readiness of Indus Hospital & Health Network's new hospital building. This facility addresses a growing need for free, high-quality healthcare in Pakistan, providing essential medical services to thousands of underserved patients. The funds have been utilized to procure vital construction materials, fire and safety equipment, medical-grade furniture, electrical and power systems, HVAC components, IT infrastructure, and critical hospital operations support. These investments ensure a state-of-the-art medical environment, enhancing patient care, expanding capacity, and strengthening life-saving interventions.

The grants have directly contributed to a sustainable healthcare model by supporting this new hospital building, ensuring that patients receive advanced medical care without financial barriers. The addition of cutting-edge medical equipment and infrastructure will not only improve the quality of treatments but also enhance efficiency in hospital operations, enabling healthcare professionals to serve more patients effectively. This expansion is a significant step toward bridging the healthcare gap in Pakistan, bringing hope and healing to countless individuals who would otherwise struggle to access essential medical services.



1,350+

Beds to be Operational



1,200,200+

Out patients to be served



500,000+

ER patients to be served



New Hospital Building



Portable X-Ray



iSeq Analyzer



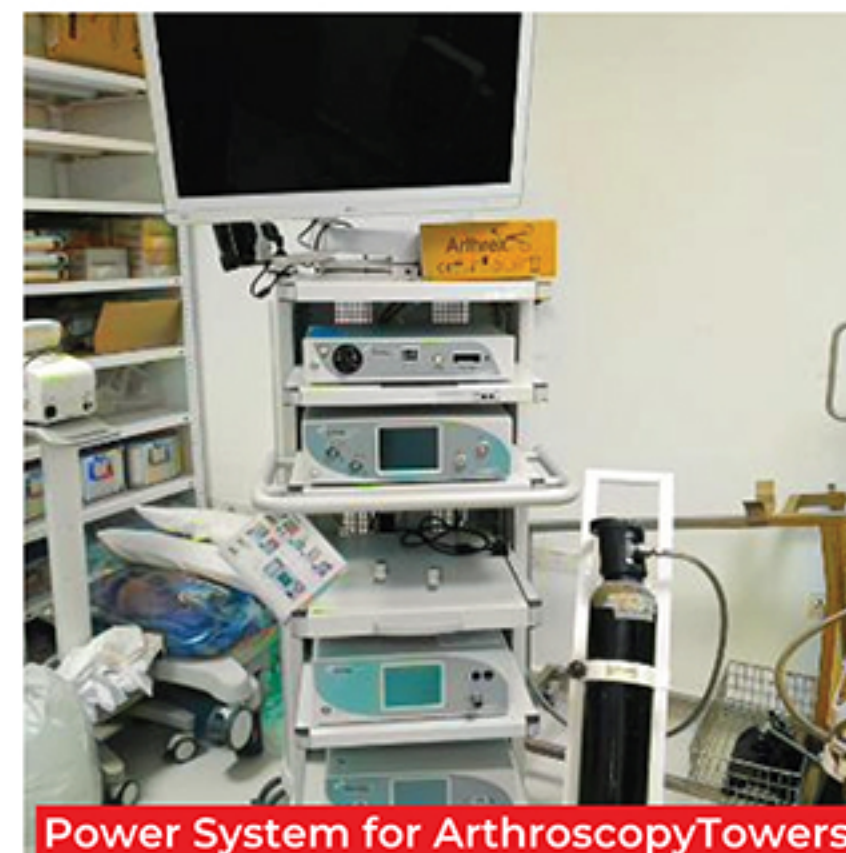
Slide Incubator



Host Monitor



Dialyzer Reprocessor



Power System for Arthroscopy Towers



C-Arm System



Centrifuge



CT Scanner



Cytopsine



Blood Bank Refrigerator

The Indus Hospital Jubilee Town Campus Lahore: A New Era in Healthcare

In a city as vibrant and densely populated as Lahore, where healthcare needs are ever-growing, IHHN is proud to announce its commitment to transforming the healthcare landscape. **The Indus Hospital – Jubilee Town Campus**, located in Lahore, is a bold step towards ensuring that quality healthcare is accessible to all, regardless of their financial means. This facility, once fully operational, will stand as Punjab's first **free tertiary care hospital** in the private sector, offering comprehensive services at no cost to patients.



A Hub of Excellence: Setting New Standards in Lahore

The **Jubilee Town Campus** is poised to become a beacon of healthcare excellence, setting new benchmarks for medical institutions in Lahore and beyond. This state-of-the-art facility is designed to cater to the growing demand for healthcare in the region, providing top-notch services while adopting the IHHN model of compassionate, patient-centered care. With a capacity of **600 beds**, this hospital will serve as a vital resource for the people of Lahore, setting a standard for other medical institutions to follow.



In collaboration with the Punjab Government, IHHN has created a replicable model that has the potential to transform other healthcare facilities into self-sustaining, comprehensive centers of care. This collaboration will help extend the reach of world-class healthcare services to even more underserved populations in the region.

Salient Features of The Indus Hospital, Jubilee Campus



600 Bed
Multidisciplinary Teaching Hospitals



PKR 23B
Capital Project



100%
Free Quality Healthcare Provided



100%
Paperless Facility

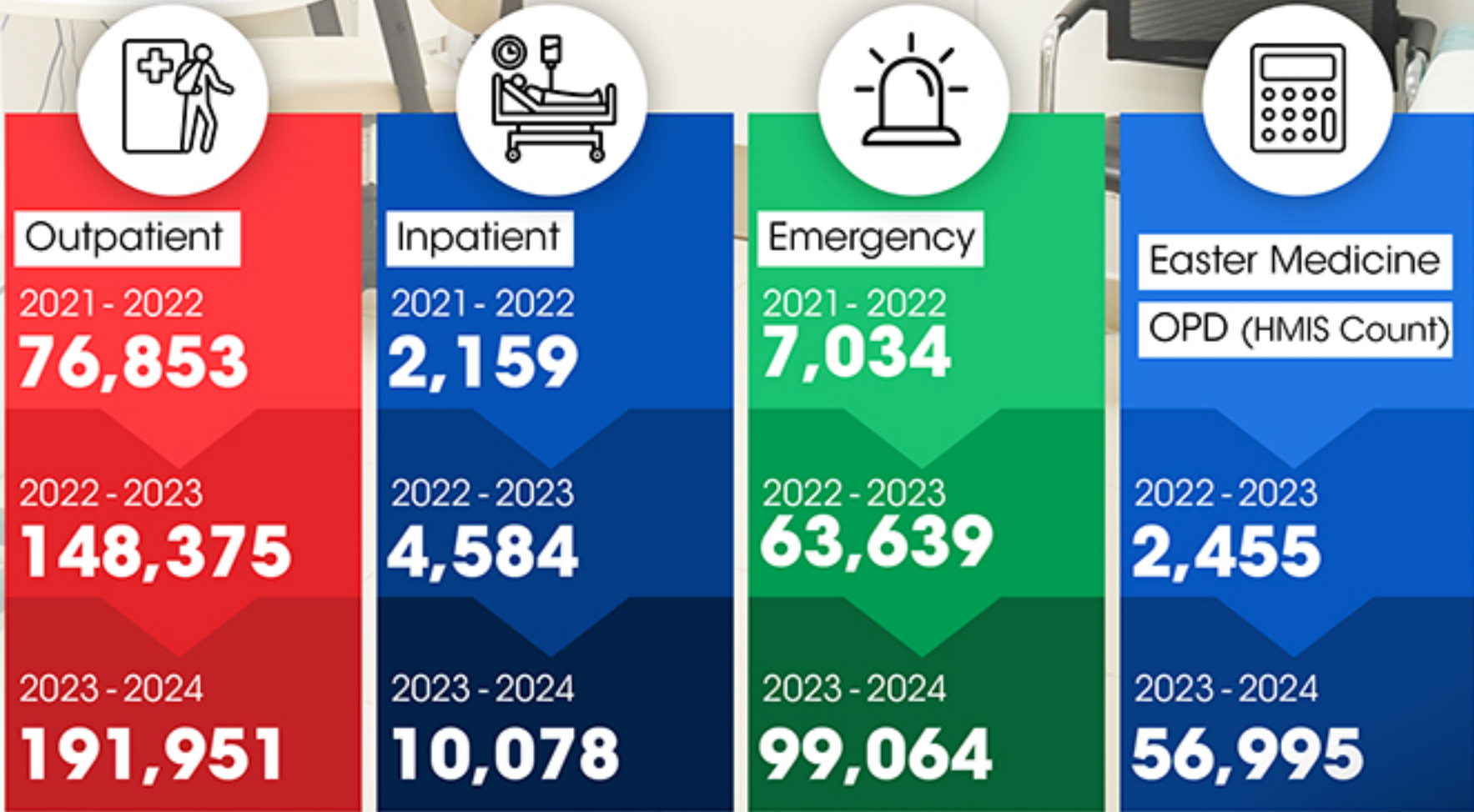
A Vision for Comprehensive Care: Specialized Services for the Future

The Jubilee Town Campus will continue to provide essential services to the people of Lahore. Additionally, new specialized services will be introduced to cater to more complex healthcare needs.

Out-Patient & Ambulatory Services	Allied & Other Services
Cardiac Surgery	Cath Lab
Dialysis	MRI
Oncology/Cancer	Endoscopy
Urology	Blood Center
ENT	Lithotripsy
Dentistry	Bronchoscopy
Eye	
Psychiatry	

Impacting Lives: A Promise of Hope

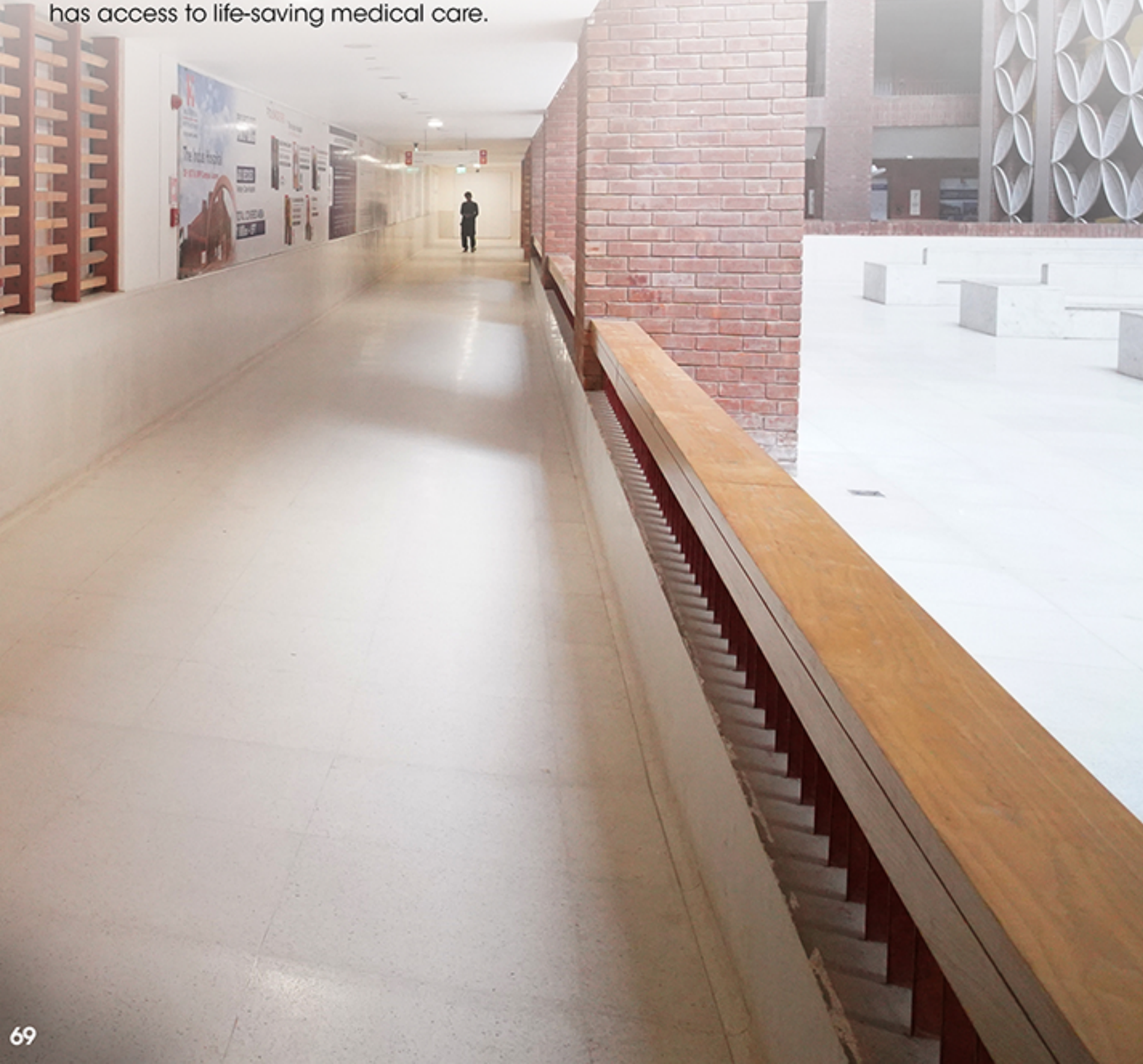
Once fully operational, the **Jubilee Town Campus** will treat **1.5 million patients annually**, making a significant impact on the healthcare sector in Lahore and surrounding areas. The hospital will not only provide free-of-cost healthcare services but also create an ecosystem of care that addresses the needs of the entire population, from prevention and education to specialized treatments and surgeries.



A Commitment to Punjab's Future

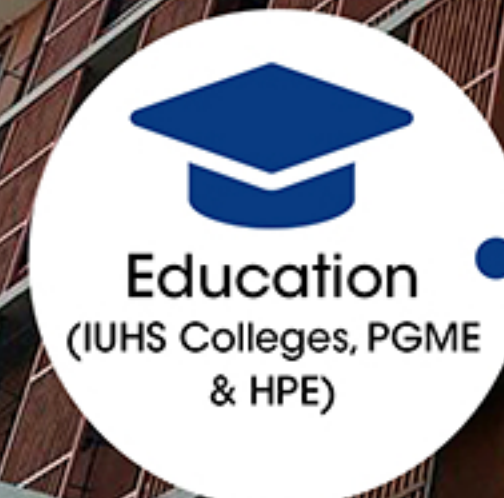
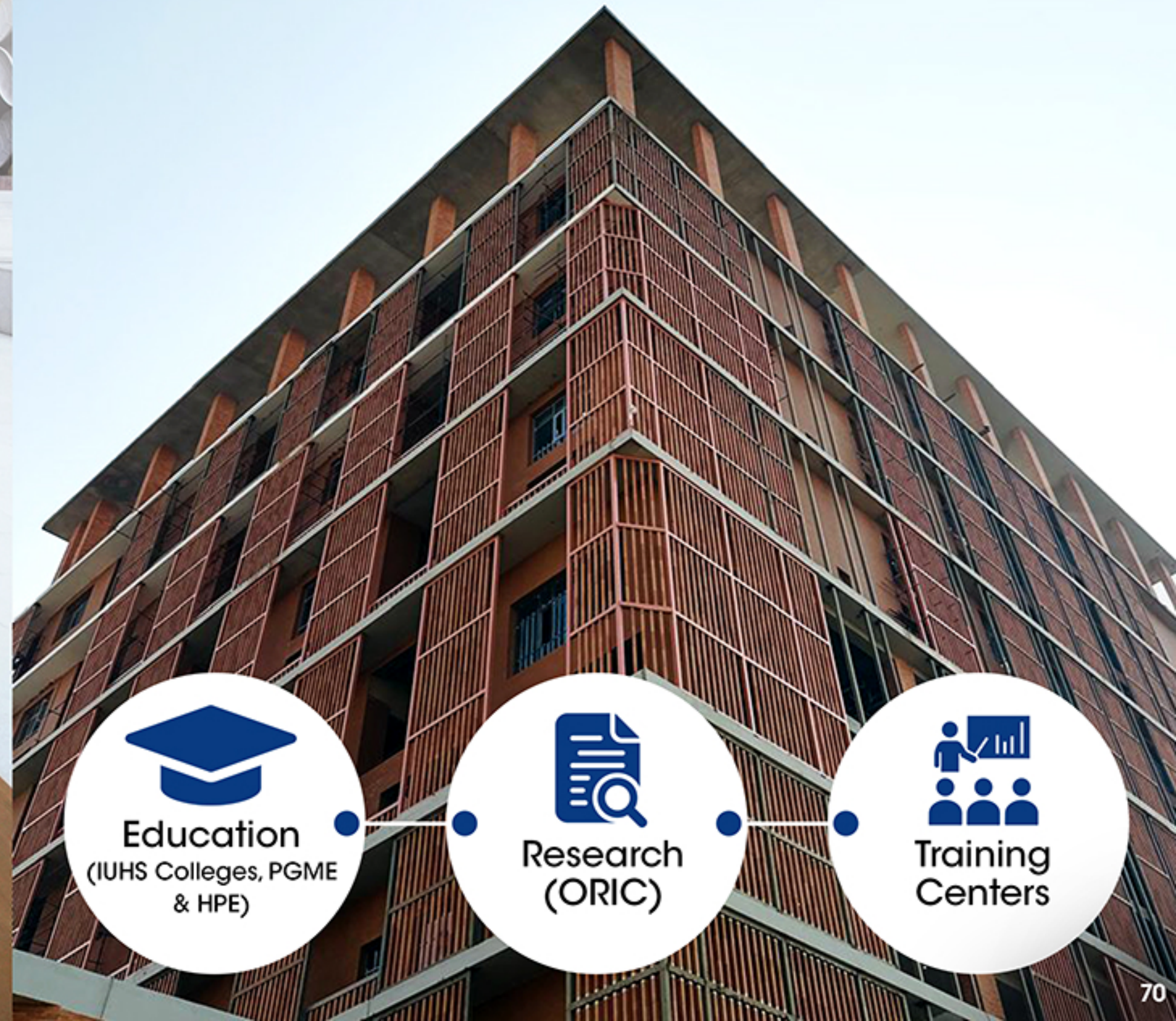
With this expansion, IHHN reaffirms its commitment to improving healthcare access across Pakistan, especially for those who need it most. **The Indus Hospital - Jubilee Town Campus** will be a game-changer for Lahore and its people, offering high-quality, accessible healthcare services that will continue to shape the future of healthcare in Punjab for years to come.

Your support will help us reach new heights in our mission to provide healthcare without boundaries. Together, we can ensure that everyone, regardless of their financial situation, has access to life-saving medical care.



Indus University of Health Sciences: Shaping the Future of Healthcare

At the heart of IHHN's commitment to providing healthcare that is **free for all** lies the **Indus University of Health Sciences (IUHS)**. Anchored by its vision of delivering excellence in healthcare, IUHS serves as a vital component of IHHN's mission, ensuring the continuous development of skilled healthcare professionals. These professionals are not only equipped with technical expertise but also a deep sense of ethical responsibility, ready to carry forward the legacy of **compassionate service** that defines IHHN's approach.



Strengthening Healthcare Education: A Year of Growth and Innovation

This year, IUHS has made significant strides in advancing healthcare education by introducing new, innovative programs and strengthening its already established ones. With more robust **monitoring and evaluation processes**, IUHS is ensuring that its students receive the highest quality of education, grounded in real-world applications and ethical standards.

Operational

Indus College of Nursing
and Midwifery

Indus College of Medical
Technology and Allied Health

Indus College of Physical
Therapy and Rehabilitation

Indus College of Family
Medicine and Public Health

Underway

Indus College of Medicine

Indus College of Pharmacy

Indus College of Dentistry

Building Future Healthcare Leaders

IUHS offers diverse colleges that provide specialized training in key healthcare disciplines. The university has graduated over 2,800 students to date, all of whom are prepared to tackle the healthcare challenges of tomorrow with a strong foundation in both technical skills and compassionate care.

Through its commitment to excellence, innovation, and social responsibility, IUHS is not just educating students but empowering communities, creating leaders who will continue to drive forward the mission of IHHN: providing quality, compassionate healthcare to all.

Together, we are building a future where healthcare professionals are not only well-versed in the sciences but also carry with them a deep sense of duty to serve and uplift their communities.

Patient Story

Childhood Cancer

Bilal's uncle, who became his sole caregiver after a bomb blast killed Bilal's family, took him to hospitals in Kabul, Quetta, Lahore, Peshawar, and Multan—all to no avail. Hailing from Afghanistan, by the time they found solace at Indus Hospital, they had spent over 25 lac rupees, including loans from friends and family.



At Indus, Bilal was diagnosed with a tumor in his abdomen and finally received the care he desperately needed. His uncle expressed relief and gratitude, noting how Indus provided not just effective treatment but also free-of-cost accommodation, transportation, and compassionate care.

"I remember begging other hospitals to help Bilal, but they either did not have the special treatment he needed or we could not afford it," his uncle said. "I was ready to face the same at Indus, but they did not ask me for even a single rupee."

After surgery, Bilal's condition improved dramatically. For the first time in years, he was pain free. Bilal's uncle was especially grateful to the staff at Indus. "Indus has given us so much respect. After talking to the doctors my heart is consoled. When we come back from Afghanistan, we will bring all the doctors gifts from back home."

Bilal also received psychosocial counseling from Indus staff, who found him to be very smart, quick and intelligent. Indeed, his resilience, quiet endurance, and sweet demeanor have left a lasting impact on the hospital staff.

"After all they'd been through—endless hospitals, long travels, little money, and often going hungry—you'd expect frustration or doubt when it comes to doctors. But we never had these problems with Bilal and his uncle. They kept their faith in Allah and with us."

- Doctor on Bilal's treatment team. Thanks to IHHN's supporters, IHHN was able to deliver the advanced care Bilal needed at no cost. Now healthy, Bilal has returned to Afghanistan with his uncle but continues to keep in touch with the staff, cherishing the hospital as his second home.

**To protect the privacy of our patients, images used have been changed.*

Fundraising Activities

Friends of Indus Hospital, USA

Throughout 2024, Friends of Indus Hospital organized a series of impactful gala dinners across the United States, bringing communities together to support free healthcare in Pakistan. FOIH US organized:

- **19 Fundraising events** in Los Angeles, Phoenix, San Francisco, Seattle, Dallas, Oklahoma, Austin, San Antonio, New York, Boston, Milwaukee, Richmond, Tampa, Fort Lauderdale, Portland, Detroit, Cincinnati, Houston and Washington DC.
- **12 Meet & Greet events** with Wasi Shah in Atlanta, Kansas City, Dallas, Houston, Shreveport, Hagerstown, Pittsburgh, New Jersey, Chicago, Albany, Cleveland and Belair.

Fundraising Events



Meet & Greet



These events not only raised critical funds but also brought people together in the spirit of generosity and hope.

Looking Ahead: Goals for 2025

As we look towards 2025, IHHN is committed to making a significant impact on Pakistan's healthcare system. With the country facing critical challenges such as a shortage of healthcare professionals and inadequate healthcare infrastructure, our goals for 2025 focus on **scalable, sustainable solutions** that address these gaps and bring transformative change to communities across Pakistan.

Through our **Six Strand Strategy**, IHHN aims to build on its existing foundation and expand its reach, ultimately contributing to a **healthier, more equitable future**. The strategy is designed to focus on the following **six core directions**.

1 Increase Service-Delivery Capacity through Hospitals

2 Invest in a Robust Primary Care Network through Innovation

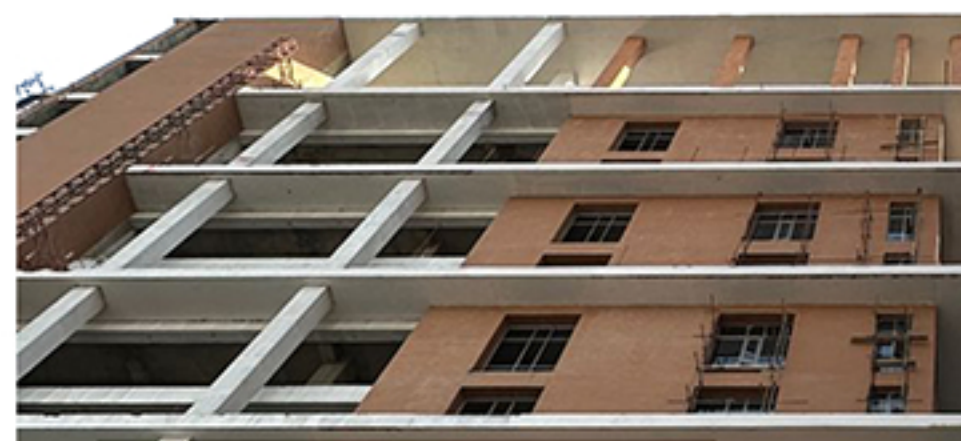
3 Cultivate the Leader of Today & Tomorrow through Quality Education & Training

4 Leading Cutting-Edge Research

5 Integrate a Multi-sectoral Approach

6 Build Alliances and Partnerships for Sustainable Resource Generation

Together, these goals form the bedrock of IHHN's strategy for 2025. As we continue our journey, our focus remains on serving the underserved, improving the overall health of the nation, and transforming healthcare for all.



Thank You

As we reflect on another year of progress and transformation, we want to extend our heartfelt gratitude to all those who have supported and believed in our mission. Your generosity, dedication, and unwavering commitment enable us to continue making a difference in the lives of millions. Together, we are building a healthier, more equitable future for all. Thank you for being a vital part of our journey.



Friends of

INDUS HOSPITAL

QUALITY CARE - FREE OF COST

Friends of Indus Hospital, Inc (FOIH) is a US-based 501(c) (3) registered charity.

TAX ID: 20-4751162

www.foihus.org | 201-357-5549 | info@foihus.org