



Redefining Healthcare



Annual Report
2025
A Year in review



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A Legacy of

Compassion

As we look back on the achievements of 2025, I am overwhelmed with deep appreciation for the steadfast support that continues to strengthen the Friends of Indus Hospital, USA community. This year has shown the incredible impact that can be achieved when compassion is united with collective effort. Together, we have taken meaningful steps forward in our mission to provide free, quality healthcare to individuals who otherwise lack access to essential medical services.

Healthcare across Pakistan is evolving rapidly. The expansion of our new hospital building in Karachi, along with the continued growth of our Primary Care Network, has reinforced a vital support system that now extends into some of the country's most underserved communities. In times of crisis, IHHN also remained at the forefront of emergency response, delivering critical medical assistance to flood-affected populations — an effort made possible through your generous and timely support.

To our donors, volunteers, and partners: you remain the driving force behind this mission. Your dedication does far more than support a healthcare institution; it helps restore dignity and keeps hope alive for millions in need. On behalf of the entire network, I extend my heartfelt thanks for standing beside us as we work toward creating a healthier and more equitable future for all.

With heartfelt appreciation,

Muhammad Hanif, MD.
President Friends of Indus Hospital, USA

Indus Hospital & Health Network

Building Healthcare Without Barriers

At its core, Indus Hospital & Health Network (IHHN) is driven by the belief that access to quality healthcare is a fundamental human right, not a privilege determined by income, location, or circumstance. Every decision, partnership, and program across the Network is anchored in this ideology; one that places dignity, compassion, and accountability at the heart of care. Over the past year, IHHN has continued to translate this belief into action, strengthening systems that prioritize patients first and ensuring that care remains free, ethical, and accessible to all.

This commitment has also shaped the Network’s strategic expansion in Pakistan’s largest urban centres. The growth of IHHN’s presence in Lahore and Karachi, is not simply an increase in capacity, but a reaffirmation of purpose, bringing specialized, high-quality care closer to communities that have long been underserved. With over 6 Million beneficiaries, these milestones reflect IHHN’s enduring resolve to build a healthcare model rooted in equity, sustainability, and trust, ensuring that no patient is ever turned away due to inability to pay.



6 Million +
Patients Treated Annually



70%
Patients Are Zakat Eligible

High quality — Accessible — Paperless — Cashless



Friends of Indus Hospital, USA

Improving Access to Healthcare in Pakistan

Friends of Indus Hospital (FOIH), USA is a value-driven initiative led by members of the Pakistani diaspora in The United States, united by a shared commitment to ensuring access to free, high-quality healthcare for all, irrespective of age, gender, religion, ethnicity, or financial means. Friends of Indus Hospital, Inc (FOIH) registered as a US-based 501(c)(3) charity, works in close alignment with Indus Hospital & Health Network to support the delivery of essential healthcare services to underserved communities across Pakistan.

FOIH US advances this mission through a range of strategic and impactful efforts, including raising awareness of IHHN's work, organizing fundraising initiatives, and building meaningful partnerships with individual and corporate volunteers. These collective actions help mobilize resources for critical medical equipment, assistive devices, and infrastructure improvements, while also enabling the exchange of knowledge and skills that strengthen healthcare delivery systems.

Through sustained engagement and collaboration, FOIH US continues to play an integral role in supporting the growth and long-term impact of Indus Hospital & Health Network, reinforcing the belief that access to healthcare is a fundamental right, not a privilege.



Vision

To ensure equitable access to free, high-quality healthcare for all



Mission

To mobilize global support to strengthen ethical and compassionate healthcare delivery for underserved communities in Pakistan



Strengthening the Network's Reach

IHHN's Spread Across Pakistan

Over the past 18 years, IHHN has evolved into a nationwide healthcare network, delivering primary, secondary and tertiary care through hospitals, physical rehabilitation centers, regional blood centers, community-based container clinics, and wide-ranging public health programs across Pakistan.



12

Multidisciplinary Hospitals



04

Regional Blood Centers



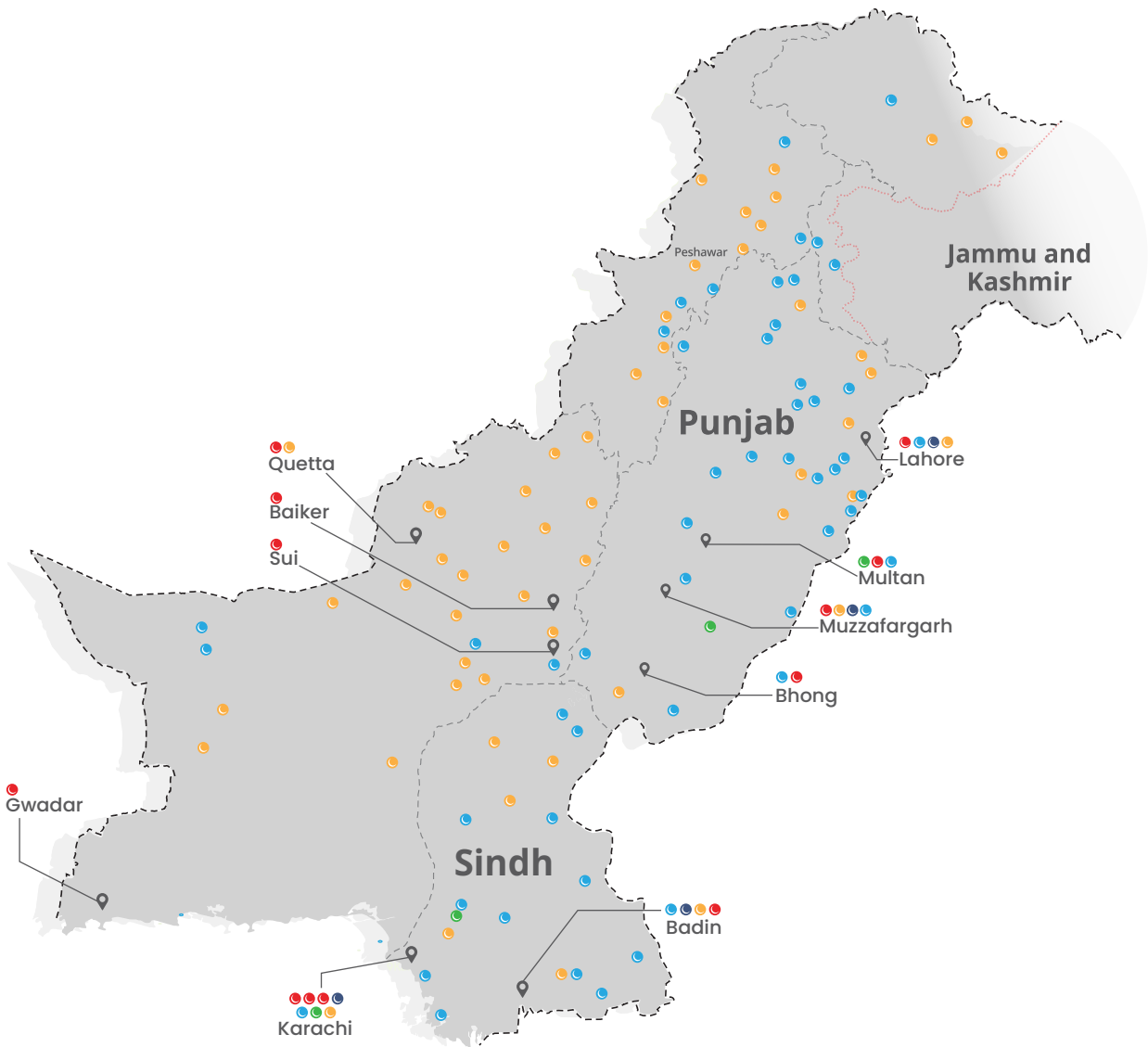
03

Physical Rehabilitation Centers



100+

Primary Care Sites



2025 Milestones

Expanding Care, Changing Lives



IHHN celebrated the success of its Cochlear Implant Program by hosting an interactive event for ten patients who had completed their treatment. The celebration featured creative activities with speech therapists and concluded with remarks from Dr. Asif Ali Arain, highlighting the patients' progress and achievements.



Indus Hospital & Health Network (IHHN) achieved a 4-Star Rating at the 11th International Best Practice Competition (IBPC) 2025 for its initiative titled "Innovative Risk Management Strategy for Patient Safety."



Indus Kay Sitaray (IKS), the hospital-based school of Indus Hospital & Health Network (IHHN), celebrated its 12th Graduation Ceremony



The Department of Pharmacy Services, in collaboration with the Indus University of Health Sciences (IUHS), successfully conducted the Graduation Ceremony for Batch-02 of the Clinical Pharmacy Skills Course.



In close collaboration with the Government of Balochistan, Indus Hospital & Health Network (IHHN) strengthened routine immunization efforts for children in Balochistan.



The Indus Hospital & Health Network (IHHN) completed College of American Pathologists (CAP) Reaccreditation 2025 with zero deficiencies.



Indus Hospital & Health Network initiated a robust Flood Relief Campaign, specifically catering to Maternal & Neonatal concerns in flood prone areas across Pakistan.



IHHN was recognized as the winner at the 4th K-Electric (KE) KHI Awards in the Public Health (Secondary/Tertiary Care) category for its outstanding Neonatal and Obstetrics & Gynecology services at the Sheikh Saeed Memorial Campus.

18 Years of Dedication

Impact Snapshot

14,000+

Children treated
for Cancer



1,029

Children treated
completely for
Clubfoot



400

Patients provided
with Cochlear
Implant Devices



180,000+

Flood Affectees
Provided with Medical
Care



2 Million+

Individuals engaged
in Community
Engagement
Centers since 2018



13.4 Million

Family Medicine
patients treated



60,000+

Deliveries conducted
since inception



IHHN's Flagship Programs

Care Without Compromise

IHHN's flagship programs advance accessible, high-quality, and sustainable healthcare across Pakistan. The Childhood Cancer Program provides comprehensive, life-saving care for young patients, while the Physical Rehabilitation Program restores mobility and independence through specialized services. IHHN's Maternal

and Neonatal Program strengthens care for mothers and children at critical life stages, and the Primary Care Program ensures early diagnosis, prevention, and continuity of care within communities.



Impact Overview 2025

415,934

Consulting Clinic Visits

209,450

ER Visits

101,880

Ambulatory Day
Care Visits

29,600

Admissions

23,326

Dialysis Sessions
Completed

14,292

Surgical
Procedures
Completed

11,200

Safe
Deliveries

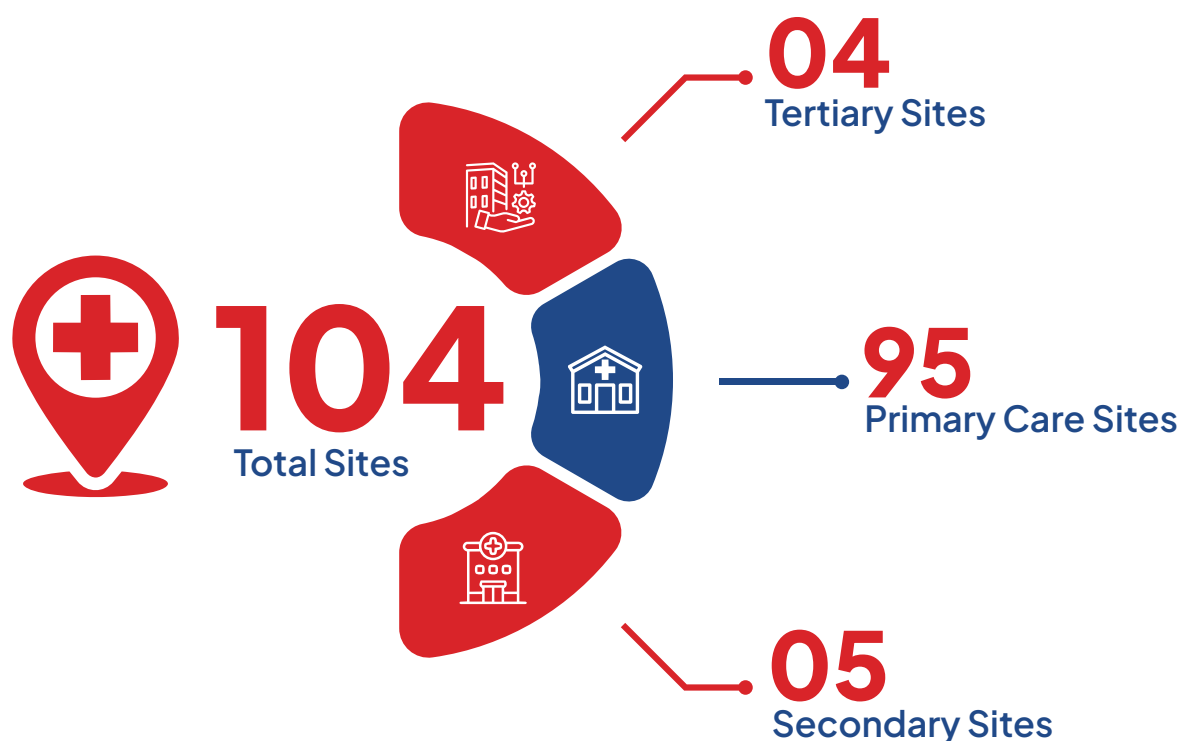


Primary Care Program

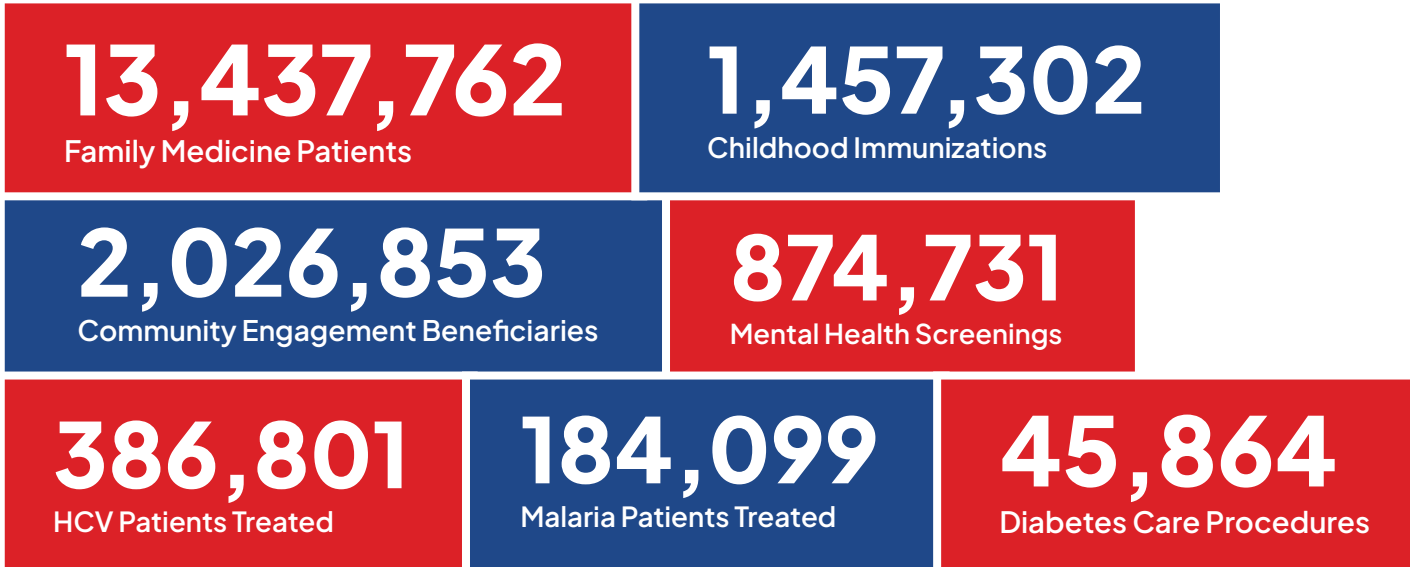
Accessible Healthcare for Every Community

Launched in 2017, IHHN's Primary Care Program (PCP) adopts a patient-centered model to improve access to affordable healthcare.

By integrating preventive services, treatment, and health education, the program addresses immediate health needs while equipping communities with the knowledge to support long-term well-being. Indus Hospital & Health Network's Primary Care Program operates across Pakistan with 104 locations, providing extensive healthcare access through telehealth, mobile units, and hospitals, enhancing public health outcomes in both urban and remote areas.



Impact Since Inception



Childhood Cancer Program

Life-Saving Cancer Care for Children

Childhood cancer remains a critical public health challenge in Pakistan, with 8,000–10,000 new cases emerging each year. For many families, the cost of treatment is beyond reach, often turning a curable illness into a life-altering or fatal experience due to delayed or incomplete care.

IHHN's Comprehensive Care Model

As one of the country's largest pediatric oncology centres, IHHN delivers free, holistic care through a dedicated facility designed to meet the complex needs of children with cancer. Patients are registered from across Pakistan as well as neighbouring regions, ensuring access to timely and specialized treatment regardless of financial means.



Scope of Services

The Childhood Cancer Program goes beyond medical treatment, offering a comprehensive model of care that addresses the physical, emotional, and social needs of both patients and their families.



Clinical Care

Delivering cutting-edge medical treatment for complex conditions.



Rehabilitative Services

Ensuring recovery through integrated physical and emotional support

Psychosocial Support

Providing emotional and mental health care for young patients and their families.



Educational Support

A dedicated school, Indus Kay Sitaray, for children undergoing treatment



Impact Snapshot

14,000+

Children treated since Inception

46,800

Chemotherapy Sessions completed in 2025

2,141

New Admissions in 2025

2,178

Oncology Procedures Completed

31,812

Pediatric Oncology Investigations



Physical Rehabilitation Program

Restoring Mobility

The Physical Rehabilitation Program responds to a pressing need in Pakistan, where an estimated over 7.4 million people live with some form of disability. The program offers specialized rehabilitation services designed to restore mobility, function, and independence for individuals affected by injury, illness, or physical impairment. By eliminating financial barriers, IHHN ensures that rehabilitation is accessible to those who might otherwise be excluded from care.



Impact Snapshot:

Total Physiotherapy Sessions Delivered

37,739

Prosthetic Limbs Delivered

351

Orthotic Limbs Delivered

1,330

Total Rehabilitation Sessions Delivered

6,642

Total Patients Served

2,688

Total Counseling Sessions Delivered

2,276

Total Audiology Sessions Conducted

3,071

Total Speech Therapy Sessions Conducted

2,871

Scope of Services

IHHN's Physical Rehabilitation Program provides advanced care across multiple disciplines, ensuring patients regain mobility, independence, and confidence.



Physical Therapy



Prosthetic & Orthotic Devices



Speech & Audiology Assistive Devices



Mental Health Counseling

Care Beyond Treatment

Recognizing the diverse needs of patients, IHHN extends its care beyond clinical treatments, by providing:

- Free transport services for patients
- Comprehensive psychosocial support for patients and families
- Health education to empower caregivers and patients to actively manage their health



Maternal and NeoNatal Program

Ensuring Healthier Futures

Pakistan continues to record some of the highest maternal and Neonatal mortality rates in South Asia, underscoring the urgent need for holistic healthcare solutions that address both clinical needs and underlying social determinants of health.

IHHN's Intervention

In response, IHHN's Maternal, Neonatal, and Child Health (MNCH) Program adopts a transformative, system-wide approach to improving outcomes for mothers and newborns across Pakistan. By delivering entirely free, high-quality healthcare, the program ensures equitable access for impoverished and marginalized populations in rural communities and underserved urban settings.



Scope of Services



Obstetrics & Gynecology



Neonatal Intensive Care Unit



Safe Delivery Program



Family Planning



IMNCI



Midwifery Program



Helping Babies Breathe (HBB)



Childhood Immunizations



Lactation Management



Cervical Cancer Screening



Zindagi Mehfooz Electronic Immunizations Registry



NourishMom Nutrition Program

Impact Snapshot

Maternal & Neo-natal

01 6,812
Total Admissions

05 11,292
Total Deliveries

02 1,757
Normal Deliveries

06 1,603
Surgeries/ Procedures

03 954
Elective Cesarean

04 1,769
Emergency Cesarean



Flood Emergency Response

Delivering Lifesaving Care

The 2025 floods have caused widespread devastation across Khyber Pakhtunkhwa and Punjab, displacing millions, destroying homes, and claiming countless lives. In response to this large-scale humanitarian crisis, Indus Hospital & Health Network (IHHN) has mobilized its nationwide

healthcare infrastructure to deliver timely, life-saving medical assistance to the most affected and vulnerable communities.



Strategy at a Glance

IHHN deployed rapid-response Category I and II medical camps across flood-affected districts of Khyber Pakhtunkhwa and Punjab, delivering primary healthcare and psychosocial support through 7–10 camps daily. Category III field hospitals were established in high-need locations for short-term intensive care, while Maternal Health on Wheels was rolled out across 10 districts in Punjab and KPK to ensure uninterrupted maternal healthcare for displaced women.

Impact Snapshot

20

Districts Received
Medical Aid

951

Camps

2,174

Ante-Natal Care Visits

182,187

Total Patients Served

1,800+

X-Rays Completed

20,000+

Lab Tests Completed

12

Babies Delivered



Blood Center

Ensuring a Safe and Sustainable Blood Supply

Established in 2013, The Indus Hospital Blood Center (TIHBC) in Karachi has played a pioneering role in transforming blood donation practices in Pakistan. As the country's first centralized blood centre to champion voluntary, non-remunerated blood donations (VNRBD), TIHBC is leading the movement towards achieving 100% voluntary blood donation nationwide.

Through strategic public-private partnerships, IHHN also operates three other Regional Blood Centers in Bahawalpur, Multan, and Jamshoro, along with multiple Hospital Blood Banks across Punjab and Sindh. Together, these facilities ensure a reliable and safe blood supply, delivering critical, life-saving support to patients throughout Pakistan.



04

Regional Blood Centers



21

Hospital Blood Banks (HBB) Connected



7,800+

Beds Served Across
Sindh and Punjab



3.2 M+

Blood Units Collected Since Inception

Pioneering Excellence in Blood Safety

TIHBC's Korangi campus in Karachi has set a landmark achievement as the first and only blood center in Pakistan and the SAARC region to earn AABB accreditation, the global gold standard in blood banking.

Strengthening its commitment to excellence, IHHN's laboratory services also hold CAP accreditation, making it one of only two hospital-based labs in Pakistan with this distinction. Furthermore, ISO 15189 accreditation has been awarded to TIHBC and extended to RBC Jamshoro and public-sector HBBs in Hyderabad, Thatta, and Badin, cementing IHHN's leadership in blood safety and healthcare quality.



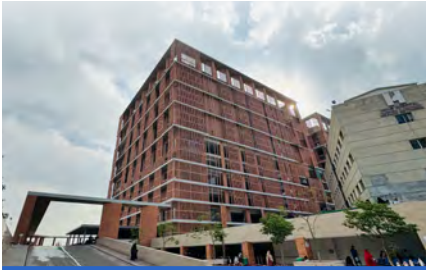
Expansion

IHHN’s Groundbreaking Developments

The Indus Hospital Korangi Campus stands as a testament to resilience and dedication in delivering life-saving care to underserved communities. To meet the growing demand for healthcare, IHHN is expanding the campus, creating Pakistan’s largest free-of-cost private hospital. This ambitious transformation will dramatically increase access to high-quality healthcare for millions of people.



**Founded in 2007
with 150 beds**



**Now a 1,350 – bed
tertiary care
hospital**

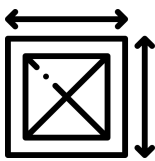


**Serving 40%
more patients
each year**

Key Features



38 Billion
Capital Project



20
Acres Covered
Area

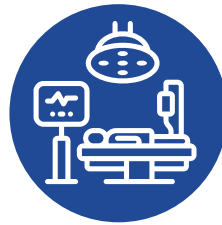


3.52
Million square feet



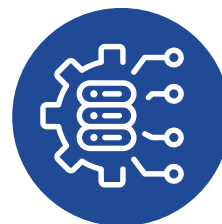
Basement

Operationalization of partial radiology services in the basement of Hospital Building-1 (HB-1)



3rd Floor

Operationalization of 36 Operation Theatres and 12 Surgical Intensive Care Units (ICU)



6th Floor

Operationalization of the IT Center



Wards

Operationalization of 70 in-patient ward beds on each floor (tower A & B) of HB-1 on the 6th-10th floors.



CSSD

Operationalization of the Central Sterile Services Department (CSSD) in the basement of HB-1



CRU

Operationalization of the Clinical Research Unit of the Lower Ground Floor of Hospital Street





Administrative Offices

Operationalization of administrative offices on the 10th floor of the Hospital Building-2 (HB-2)

276%

Increase in Patient Volume



Indus University of Health Sciences

The Korangi expansion will also include the Indus University of Health Sciences (IUHS), a pioneering institution that has already trained over 2,800 healthcare professionals. With the new facilities, IUHS will be able to expand its programs and add more colleges, strengthening the pipeline of skilled healthcare providers for the years ahead.

4 Key Objectives



Developing highly trained human resources rooted in IHHN's core values



Providing platforms that empower youth to lead Pakistan's healthcare



Encouraging active engagement in producing health solutions



Guided by a philosophy of Collaboration, Compassion, and Innovation

Existing Colleges

Indus College of Nursing & Midwifery

Indus College of Medical Technology & Allied Health

Indus College of Physical Therapy & Rehabilitation

Indus College of Family Medicine & Public Health

Upcoming Colleges

Indus College of Dentistry

Indus College of Medicine

Indus College of Pharmacy



07
Colleges

3,000
Projected
Student
Strength



Jubilee Town Campus, Lahore

Advancing Access to Free Healthcare

The Indus Hospital Jubilee Town Campus in Lahore represents a major milestone in expanding equitable, free-of-cost healthcare. Once fully operational, it will become Punjab's first private-sector tertiary care hospital to offer comprehensive medical services entirely free of charge.

With a capacity of 600 beds, this state-of-the-art facility is designed to redefine patient-centered and compassionate care. Developed in partnership with the Government of Punjab, the campus reflects a scalable and sustainable healthcare model, laying the foundation for high-quality medical services for underserved communities across the province.

600 Bed Multidisciplinary Hospital

PKR 23B Capital Project

100% Paperless Facility

100% Cashless Facility



Lahore

	Service	Beneficiaries
01	Total Discharges	13,366
02	Total Family Medicine Patients	161,200
03	Total Consulting Clinic Visits	99,837
04	Total Peds Consulting clinics	9,637
05	Total ER Visits	139,364
06	Total Dialysis Patients	85
07	Total Surgeries	5,782
08	Total Births/ Deliveries	3,304
09	Total Cesarean Deliveries	2,101
10	Total Normal Deliveries	1,203
11	Total X rays	42,783
12	Total CT scan	941
13	Total Ultrasounds	34,118

Extrapolated till December 2025

Lahore

Service

Beneficiaries

14

Total Radiology Sessions

77,842

15

Total Laboratory

339,021

16

Total OPD Visits

191,016

17

Total Vaccinations

24,615

18

Total Blood Bank Units

993

19

Total Blood Matches

1,281

Extrapolated till December 2025



Looking Forward

IHHN's Strategic Goals

To achieve our vision & mission, IHHN will pursue work through eight core objectives. These objectives outline the overarching orientations for IHHN in its contributions towards development outcomes

- 01 Embracing Universal Health Coverage
- 02 People Centered Policies & Processes
- 03 Education & Capacity Building
- 04 Research, Innovation & Development
- 05 Alliances & Partnerships
- 06 Ensuring Quality through Cost-Efficient & Continuous Process Improvement
- 07 Integrating a Technology-centric Approach
- 08 Enhancing Resource Generation



Friends of Indus Hospital, USA

Moving Forward Together

As you reach the end of this 2025 Impact Report, I hope you carry with you a strong sense of pride in all that we have accomplished together. You are much more than a supporter; you are an essential part of a life-changing ecosystem that now provides comprehensive, compassionate healthcare across more than 80 districts throughout Pakistan.

From the crowded neighborhoods of large cities to the most distant rural communities, your generosity helps ensure that healthcare remains accessible based on need alone, never on a person's financial circumstances.

While we take pride in the progress we have achieved, our mission is still ongoing. The year ahead brings new opportunities to expand our reach and continue serving even more vulnerable communities in need.

I warmly encourage you to stay connected to this journey, whether through community engagement, fundraising efforts, or by contributing your valuable expertise and support.

Together, we are doing far more than strengthening a healthcare network. We are bringing hope, preserving dignity, and giving countless individuals the chance at a healthier life. Thank you for your continued trust and for believing in the mission of the Indus Hospital & Health Network.

Yours Sincerely,
Muhammad Hanif, MD.
President Friends of Indus Hospital, USA





JOIN US FOR A **LIVE** TELETHON

TO SUPPORT INDUS HOSPITAL & HEALTH NETWORK



Shafaat Ali
Host



Dr. Abdul Bari Khan
President, IHHN



Dr. Zafar Zaidi
CEO, IHHN



Dr. Muhammad Fareeduddin
Head of Paediatric Medicine



Dr. Mah Talat
Executive Director, CHD



Mani
Celebrity Guest



Hira Mani
Celebrity Guest



Dr. Munawar Ali
Guest



Dr. Anis Memon
Dallas Chapter



Rizwan Wali Mohammad
Guest



Dr. Shahid Hasnain
Houston Chapter



Dr. Wajahat Khan
Detroit Chapter



Dr. Abdul Rahman
Calgary Chapter

MARCH 23
3 - 6 PM EST





Friends of

INDUS HOSPITAL

QUALITY CARE - FREE OF COST

155 Cedar Lane Teaneck, NJ 07666

Friends of Indus Hospital, Inc (FOIH) is a US-based 501(c) (3) registered charity.

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